

Finance Rates starting at 3.9%! • \$0 Down Payment! O.A.C. • \$500 Referral Program! • With 3 Calgary, AB locations to serve you better! • Now Open in Medicine Hat, AB!

HOUSE OF CARS
SALES / SERVICE / FINANCE

Calgary's #1 Pre-Owned Dealer Group

ALL CREDIT ACCEPTED!
 ✓ Up To \$4000 Cash Back
 ✓ 8 Months No Payments
 ✓ All Credit Accepted
 ✓ Credit Consolidation

EVERYONE APPROVED!
 ✓ Payments Start at \$29/week
 ✓ New to Canada
 ✓ Financing Starts at 3.9%
 ✓ Over 300 Vehicles in Stock

Calgary metro

www.houseofcarscalgary.com



**THE WORLD'S FASTEST
BIKE IS CANADIAN**
metroLIFE

Your essential daily news | MONDAY, NOVEMBER 9, 2015

High 1°C/Low -6°C Flurries



**Nurse
combats
mental health
trauma**
metroNEWS

JEREMY SIMES/FOR METRO

HEALING THROUGH ART

LRT costs questioned

TRANSIT

Councillors asking for Green Line numbers

Brodie Thomas
Metro | Calgary

Two city councillors are putting forth a motion on Monday that they say will give a more realistic cost of the LRT Green Line project, but critics say it could make the project unfeasible.

The city has budgeted \$520 million over 10 years toward building the Green Line. That's where Coun. Andre Chabot takes issue.

He said that normally, other levels of government pay construction costs on transit projects.

Calgary Transit is required to recover half of its operational costs through fares and advertising but not construction costs.

A motion by Chabot and Coun. Joe Magliocca asks for a new projected cost recovery that includes the city's \$520-million contribution.

"Right now it looks like a smoke-and-mirrors game that says cost recovery is 50 per cent, but it's not factoring in how many (tax) dollars are going into (building) expenses," said Chabot.

LRT on the Green spokesman Adam Johnson said that if we applied the same logic to libraries, each cardholder would pay hundreds for a membership. He wants to see construction and operational costs remain separate.

Coun. Shane Keating agrees with Johnson and thinks the motion is flawed.

"It's the silliest thing I've ever seen," said Keating.

Reg: \$187.00

Sale

\$98.00ea

ZWILLING® PRO
8" Chefs Knife
38401-201



StoveTop Safe Visions



3.5L Cookpot
VS-3.5
Reg: \$90.00
Sale \$72.00ea

CORELLE



Open Stock & Dinner Sets

On Sale

HOME WORLD

VINTAGE CHARM



106-2929 SunridgeWay NE
Calgary (403) 451-0650



IRRELEVANT theme packs

With Optik™, you call the shots. Our smaller, more relevant theme packs mean you can get more of the channels you want and pay for less of the ones you don't.



Take control. Call **310-MYTV (6988)**, visit **telus.com/calltheshots** or a **TELUS store**.



TELUS STORES

North East

Country Hills Town Centre
Marlborough Mall
Sunridge Mall
1353 32nd Ave. NE
2520 23rd St. NE

North West

Beacon Hill Shopping Centre
Market Mall
North Hill Centre

South East

Chinook Centre
Deerfoot Meadows
Shepard Centre
Southcentre Mall
3012 17th Ave. SE
4410 50th Ave. SE
4825 Macleod Trail S
6039 Centre St. S
6100 Macleod Trail S
7825 Flint Rd. SE

South West

Bankers Hall
Bow Valley Square
The Core
Shawnessy Shopping Centre
Westbrook Mall
Westhills Town Centre
321 6th Ave. SW
2008 33rd Ave. SW
4623 Bow Trail SW

Airdrie

2145 Summerfield Blvd.

Cochrane

201 Grand Blvd. W

Okotoks

31 Southridge Dr.
118 Elizabeth St.

Rocky View County

CrossIron Mills

Strathmore

55 Wheatland Trail

*Offer available until November 16, 2015, to residential customers who have not subscribed to TELUS TV or Internet in the past 90 days. Cannot be combined with other promotional offers. Offer includes Optik TV Essentials and Internet 25. Regular prices apply at the end of the promotional period. Minimum system requirements apply. Final eligibility for the services will be determined by a TELUS representative. TELUS reserves the right to modify channel lineups and packaging, and regular pricing without notice. The Essentials is required for all Optik TV subscriptions. Offer not available with TELUS Internet 6. TELUS, the TELUS logo, Optik, Optik TV telus.com, and the future is friendly are trademarks of TELUS Corporation, used under licence. All copyrights for images, artwork and trademarks are the property of their respective owners. © 2015 TELUS.



IN BRIEF

Charges laid on elderly man in poppy box thefts

A 62-year-old man has been arrested after police received complaints about an elderly man stealing poppy donation boxes in a community south of Edmonton. Police say they received several reports from businesses in Camrose about the thefts. They arrested a suspect and he now faces charges that include multiple counts of theft under \$5,000 dollars and one count of possession of stolen property under \$5,000. He has since been released from custody. THE CANADIAN PRESS

Police seek help in finding missing Calgary teen

The Calgary Police Service is looking for the public's help to find a missing teenager. Destiny Christian, 15, was last seen leaving her house near 24 Avenue and 41 Street SE on Nov. 5. She is described as black, 5 feet 4 inches tall and about 100 pounds, with black hair with curly extensions. She was last seen wearing a pink and black sweater with blue jeans and black TOMS shoes. Anyone with information is asked to contact the Calgary Police Service at 403-266-1234 or Crime Stoppers. METRO

Northeast stabbing sends man to hospital

A man was rushed to hospital with serious injuries after being stabbed in the northeast community of Temple early Sunday morning. METRO

Jazz photographer's work given new life

VIOLA ANDERSON

Images of top musical talents featured in photo exhibit



Jeremy Simes
For Metro | Calgary

About 20 years ago inside a local jazz bar, Sheila Thistlethwaite noticed Viola Anderson perched near the stage, snapping photos of the musicians while they performed.

When Anderson had a moment away from the lens, Thistlethwaite introduced herself and the duo began to talk about everything jazz, sparking a long friendship until Anderson passed away alone in her apartment in early April.

"She was her own woman, you know," Thistlethwaite said with a laugh. "She had opinions and she knew how she felt about things. She was definitely an individual and an original."

But Thistlethwaite has recently run into a problem.

Ever since she was handed 70 unnamed photographs snapped by Anderson via her estate, Thistlethwaite has been reaching out to local jazz enthusiasts to see if they can help her identify the musicians Anderson photographed.



Sheila Thistlethwaite is hoping jazz enthusiasts can help her identify musicians who Viola Anderson photographed. JEREMY SIMES/FOR METRO

So, she started the Viola Anderson: Jazz Photographer project on Facebook, adding Anderson's unnamed photos to the page and hoping those who see them will be able to identify the musicians, date and location.

She's also showcasing Anderson's photos — which were taken about 15 years ago — on Nov. 15 at the Ironwood Stage and Grill in Inglewood to celebrate her photos and, hopefully, get people to name some of the musicians.

In fact, Anderson never exhibited her photos when she was alive, Thistlethwaite said, adding

she also never had a funeral or an obituary.

"Her wish was not to have a memorial," said Thistlethwaite, who's been heavily involved in Calgary's jazz scene. "But I just thought that was totally wrong — she had really contributed to the jazz community in Calgary."

"I'm sure she never really thought of a photo exhibit," she added. "But people shouldn't just sort of disappear — people should be honoured and remembered."

Anderson has snapped some of biggest jazz cats who've toured

the city, including Alberta's Al Murihead, Toronto's Guido Basso, and local John de Waal.

Thistlethwaite said Anderson's photos capture the musicians' transformation: that sweet spot where the musicians, the instruments and the atmosphere meld, as soon as the artists hit the stage.

"She just loved the music and photography," she said. "And, this is only a slice of Calgary's jazz history."

You can help Thistlethwaite identify the musicians by searching "Viola Anderson: Jazz Photographer" on Facebook

CRIME

Police look into spike in car thefts



Aaron Chatha
Metro | Calgary

Calgary police are investigating two carjackings that took place over the weekend.

"The theft of a vehicle with violence brings it to a whole new level, so that's the part that concerns us," said Duty Insp. Philip Hoetger. "We're investigating whether there are connections."

The most recent incident was on Saturday at 9:15 p.m. on Tarrington Road NE, where a man said he was intentionally struck from behind while driving. When he got out to assess the damage, the carjacker punched him in the face and drove away in the victim's Ford F150, licence plate BPZ 0235. There were two other men in the carjacker's vehicle, a Dodge Ram 3500, who also fled.

The suspect is described as a white male with a European accent, approximately 5 feet 10 inches tall, with a stocky build and short dark hair. He was wearing a grey hoodie and blue jeans.

On Friday at about 9:30 p.m., a woman in the Market Mall parking lot was ordered out of her car by an armed carjacker who threatened her with a weapon. He drove away in her silver 2003 Chevrolet Venture Van with the licence plate BHH 5604.

The suspect is described as dark-skinned with a medium build. Anyone who may have witnessed the incidents or has information about them is asked to call police at 403-266-1234.

Calgary's 15th club is

COMING SOON

Join for as low as

**GoodLife
FITNESS**

GET 8 WEEKS FREE
NO MONEY DOWN NO ENROLMENT!
(On a 2 year membership) Limited Time Offer

2929 Sunridge

403-291-0259

goodlifefitness.com

Join Canada's #1 Fitness Club! Lose Weight! Feel Great! NO JUDGEMENTS® EveryBODY Welcome 🍁 Proudly Canadian Since 1979

*Based on the purchase of a 2 year membership. Bi-weekly payments will commence after club opens. 8 weeks free valid at Sunridge Way Co-Ed Club only. Applicable tax applies. Membership fees vary based on club and the membership option chosen. Please check goodlifefitness.com or with club for hours of operation. Other conditions apply, see club for details.



POLICE SERVICE

Officials have faith in chief



Lucie Edwardson
Metro | Calgary

According to Sean Chu, a former Calgary police officer and current Ward 4 city councillor, front-line deployment has been an issue within the Calgary Police Service for some time.

Coun. Chu said during his 21 years as a police officer, the conversation surrounding front-line numbers has reoccurred numerous times.

"It's not new, throughout my time on the street there was always talk — 'We should have more boots on the ground,'" said Chu.

He said he believes front-line should be the number one priority for CPS.

"They're the first contact with people, and preventative policing is important, but in my opinion the front line, showing the colour and wearing the uniform, is still Number One," said Chu.

Coun. Joe Magliocca said it isn't clear what kind of deployment problems truly exist, but said he thinks it should be looked into.

"If that is the case after an investigation, then that's not right," he said. "We should dig into this a little bit deeper."

Both councillors however, said they had the utmost confidence in Calgary's new police chief constable, Roger Chaffin, to find a solution to whatever problems might exist.

"I think he is a great man. He'll get his head around this and make tough decisions," said Magliocca.

Chu echoed his fellow councillor's sentiments: "I'm sure he will do a great job with the safety of Calgarians in mind as his first priority."

Launch party to celebrate Calgary's most innovative

ENTREPRENEURSHIP

Top 10 startups get chance to show off new apps, devices



Aaron Chatha
Metro | Calgary

On Nov. 19, Calgary's most promising startups of the year get to show their stuff for Startup Calgary's Launch Party.

"Being an entrepreneur is not sexy at all," said executive director Kari Gordon. "What

we see on TV does not resonate whatsoever. So our launch party is really an opportunity to celebrate the community, and give some startups a chance for recognition."

Gordon said applications opened two months ago, and were then narrowed down to 16 potential candidates who pitched their ideas to an audience of 75 people from diverse professional backgrounds. The best 10 will be going to Launch Party.

Finalists included TikTiks, an iOS and Android app that allows people to buy and sell tickets to Calgary Flames games.



Being an entrepreneur is not sexy at all. What we see on TV does not resonate whatsoever.

Kari Gordon, executive director of Startup Calgary's Launch Party

Started by Andrew Browne and Johnny Tran, they monitored a Facebook page of a few hundred people who routinely traded tickets — many were season ticket holders who could not make it to every game.

The app launched in April, just as the Flames entered the playoffs, and were pleased at how popular it became.

Browne was a member of

the Startup Calgary team at last year's launch party, but this year will be attending on behalf of his startup.

"To be on the other side of it is really exciting and I hope it can set an example as to what kind of community events like Startup Calgary can do for the community and entrepreneurs like ourselves," he said. They hope to expand the app into Edmonton and

Vancouver soon.

Another finalist is Slate Scale, a pocket-sized portable scale that helps count calories on-the-go by connecting to a phone app.

"At the end of the day, it's really about how what we have is going to help people," said cofounder Rana Varma. "World Diabetes Day is coming up soon. We've had a lot of diabetic people come to us and say, this is going to help improve their lives."

Gordon said since joining Startup Calgary, it's amazing how much innovation she's discovered in a city known more for its oil and gas industry.



Slate Scale, a pocket-sized scale used to count calories, is being celebrated as one of Calgary's 10 most promising startups. COURTESY RANA VARMA

HOSPITALITY MANAGEMENT

BE CAREER READY in only 82 weeks

- Alberta Government licensed program
- 100% Job Placement
- Work placement practicums
- Flexible morning, evening, and weekend classes
- Funding and Employment Services Available

ENROLL NOW! 403.457.6400



OUR OTHER PROGRAMS

- Process Piping Drafting
- Health Care Aide
- Pharmacy Assistant
- Community Service Worker

- Unit Clerk and Medical Office Administrator
- Computer System and Network Specialist
- Oil & Gas Administration

- Legal Assistant
- Computerized Accounting and Payroll
- 2D and 3D Modeling
- Community Service Worker

Preparing Professionals for the Real World

1-3516 26th Street NE | evergreencollege.ca

CALGARY • TORONTO • MISSISSAUGA • BRAMPTON • SCARBOROUGH • MARKHAM

Listening to
101.5 KOOL FM
Calgary's Hits!

What you think you look like...

What you actually look like...

Explosive creations from uncommon source

Jeremy Simes
For Metro | Calgary

After Cameron Roberts discovered the magic of matches, he realized he couldn't help but light one up to create his art pieces.

Roberts' collection, Fire Drawings, was installed recently at the Widow Galleries in Arts Commons.

Back in 2003, Roberts stumbled upon a match sitting on

a piece of paper when he was cleaning his studio.

What intrigued him was the soot the match left behind, not the burn mark, he said. Thereafter, he tested many different match brands to see what colours they'd create.

As it turns out, matches can make deep blacks, browns, greys and blues, Roberts said, adding the colours come from the mini-explosions after the matches are burned.

But his whimsical and sometimes ghoulish creations aren't entirely made of match soot, Roberts said. He then paints a portrait where he sees fit.

"It's like seeing faces in clouds," he said. "I have no idea how the portrait will look in the end, but it becomes a reflection of a particular burn."

Depending on the piece he's worked on, Roberts said it takes about 500 to 1,500 matches to complete a creation.

"I enjoy it," he said. "With each addition, the image really starts to come together. I think that's the best part of being an artist: the process of creating something."

Roberts' work will be up at the Window Galleries in Arts Commons until Nov. 27. An artists' reception will be held in Upper Centre Court on Nov. 19 from 6-9 p.m. The works of Jenny Bonar and Diana Uh-jin Cho are also on display.



Cameron Roberts creates his work by using the soot from a lighted match. JEREMY SIMES/METRO

911 calls go unanswered: Resident

COCHRANE
RCMP say they are forced to prioritize

Lucie Edwardson
Metro | Calgary

One woman said she feels scared and unprotected in her Cochrane neighbourhood after she called the police multiple times one night, but no officers responded to her calls.

Christine Rousseau said she called the Cochrane RCMP three times on Oct. 21. Each time the dispatcher told her she would send a patrol car, but none showed up.

Rousseau said she initially called police when a vehicle repeatedly drove through her neighbourhood and back to the highway at excessive speeds. The police didn't show up, so Rousseau called 911 again after the speeding vehicle stopped on her street and began causing a loud scene.

"He was being really aggressive. So I decided to call 911 again and told them I thought this guy had bad intentions towards someone in my neighbourhood because he was yell-

ing and seemed like he was trying to get in the house," she said.

Rousseau said the dispatcher told her police were on the way, but after another 45 minutes she realized nobody was coming.

"He went to his car and he took something, but I couldn't tell what it was, so we were scared," she said. "I thought that was an emergency, so the dispatcher said, 'I will do what I can, I will tell them to hurry,' but then nobody came."

According to Rousseau, the sergeant who worked the following day called her and came to meet her in order to explain why no one had responded to her calls.

"She wanted to reassure me that they'd do their best to find out what happened, and finally what they found out is that it wasn't the person who answered my calls' fault, she did her job," she said.

"It's just that all the police were in Morley."

RCMP spokeswoman Cpl. Sharon Franks, confirmed they received two calls from Rousseau, but said the calls they were for a suspicious vehicle and car prowling.

Franks said sometimes RCMP are forced to prioritize calls.

"The fact is that they likely were attending to Morley for something that was a bit more urgent," she said.

Franks said officers take 911 calls very seriously.

"We have obligations, we have a mandate and officers who are out there working day in and day out take 911 very seriously," she said.

"They will respond as they're ordered to respond, and deal with any emergency situation."

"I thought that was an emergency, so the dispatcher said, 'I will do what I can, I will tell them to hurry,' but then nobody came."

Christine Rousseau

ONE OF CALGARY'S LARGEST VOLUME TOYOTA CERTIFIED USED VEHICLE DEALERS

STAMPEDE TOYOTA
PRE-OWNED SUPERSTORE

FINANCING FROM 1.9%

2TOYOTA.COM

2014 TOYOTA MATRIX NICE, CLEAN CAR!!! 51,000KM'S STK 6685A MARKET VALUE PRICING \$15,873	2012 HIGHLANDER V6 SPORT 4WD LOADED W/LEATHER AND SUNROOF!!! ONLY 79,000KM'S STK 6695A MARKET VALUE PRICING \$30,290	2012 HIGHLANDER V6 SPORT 4WD LOADED W/LEATHER AND SUNROOF!!! ONLY 37,000KM'S STK 6691A MARKET VALUE PRICING \$36,006	2013 HIGHLANDER V6 SPORT 4WD LOADED W/LEATHER AND SUNROOF!!! ONLY 43,000KM'S STK 6678A MARKET VALUE PRICING \$35,765
2013 HIGHLANDER V6 4WD UPGRADE W/LEATHER!!! ONLY 30,000KM'S STK 151059A MARKET VALUE PRICING \$32,951	2013 HIGHLANDER SPORT V6 4WD LOADED W/LEATHER AND SUNROOF!!! ONLY 28,000KM'S STK 6689A MARKET VALUE PRICING \$35,104	2014 TOYOTA RAV4 LE 4WD NEW BODY STYLE!!! ONLY 24,000KM'S STK 6671A MARKET VALUE PRICING \$25,309	2011 TOYOTA SEQUOIA PLATINUM LOW MILEAGE, FULLY LOADED!!! ONLY 69,000KM'S STK 6707A MARKET VALUE PRICING \$44,852

MANAGER'S WEEKLY SPECIALS

2010 TOYOTA TUNDRA CREW MAX 5.7L TRD OFF ROAD!!! ONLY 88,000KM'S STK 6708A MARKET VALUE PRICING \$27,848	2014 TOYOTA FJ CRUISER OFF ROAD LIKE NEW!!! ONLY 17,000KM'S STK 6692A MARKET VALUE PRICING \$37,424	2012 DODGE RAM 1500 LARAMIE 4X4 LOADED W/LEATHER, SUNROOF AND NAVIGATION!!! 84,000KM'S STK 151302A MARKET VALUE PRICING \$31,685	2014 SCION FR-S LIKE NEW W/ AFTERMARKET WHEELS/TIRES AND EXHAUST!!! ONLY 8,000KM'S STK 6700A MARKET VALUE PRICING \$24,980
---	--	---	---

STAMPEDE TOYOTA

SALES HOTLINE 403.291.2111

DEERFOOT TRAIL

TRANS CANADA

WE'RE SERIOUS ABOUT EARNING YOUR BUSINESS AND WE'LL PROVE IT

GET PRE-APPROVED IN **60 SECONDS**

STAMPEDEAPPROVED.COM

WORD ON THE STREET

November too soon to deck the halls?

**Aaron Chatha**
Metro | Calgary

Is putting up Christmas decorations before Remembrance Day on Nov. 11 disrespectful?

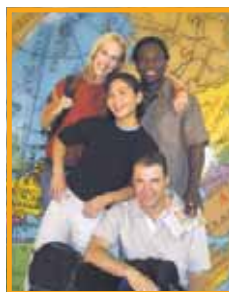


“Usually you would put your ornaments up in December anyway.”
Neil Lees, 44

“It’s Nov. 11, right? I’d always put them up in December. Not November.”
Ricky Sharma, 32



“Yeah, it’s disrespectful. Acknowledge Remembrance Day first, then do Christmas.”
Megan, 18

**Adventure!**
Teach English Overseas

- TESOL Certified in 5 Days
- In-Class or Online
- No Degree Required!

1.888.270.2941**Job Guaranteed!**

Next in-class course: November 22-27, 2015

Next Seminar: November 10th, 2015 @ 7pm

1804 Crowchild Trail, NW Calgary

www.globaltesol.com**GLOBAL TESOL COLLEGE****Job Guaranteed!**

Through the (I'm)Possible performance, Krizia Canvas Carlos is looking to kickstart Canvas Is Me. JEREMY SIMES/METRO

Nurse aims to show healing power of art

MENTAL HEALTH

Enhancing well-being the goal of nurse's (I'm)Possible

**Jeremy Simes**
For Metro | Calgary

As a mental health nurse, Krizia Canvas Carlos treats her practice like a canvas: a space that offers a fresh start for her patients, and is non-judgmental.

She said art has always been part of her life, so she's launching (I'm)Possible, an event to kick off Canvas Is Me, an organization that aims to enhance

the well-being of people with mental-health issues by using the arts to heal and connect.

"I use art as a way to connect with people," said Carlos, the creative director of (I'm)Possible. "And, people need connections to heal."

(I'm)Possible will feature two acts: Act 1 talks about labels associated with mental health through poetry; and Act 2 focuses on well-being through dance, sound and spoken word. In fact, Act 2's dancers will sport costumes infused with election signs.

Carlos said she wanted the costumes to be avant-garde and whimsical, yet she needed materials that were lightweight and easy to work with.

As it turns out, Andrea Llewellyn had exactly what

“People need connections to heal.”

Nurse Krizia Canvas Carlos

Carlos was looking for.

Llewellyn, who volunteers with political campaigns, had hundreds of election signs that weren't used for the previous federal election.

The signs were taking up too much space, Llewellyn said, adding she's happy Carlos took all the sliced up signs — ones that Llewellyn thought nobody would take.

The signs were then cut into triangles: the perfect shape for Carlos' event, she said.

"Triangles mean change in mathematical formulas," she said. "I'm hoping for change, and this (project) is all about creating positive changes — there needs to be a lot more (mental) health promotion."

With the election signs, Carlos has created a headpiece for the dancers and has yet to design the rest of the outfit.

And like the headpiece, all forms of art — performance, paint, and other forms — are at the core of every person.

"There's something primal about (art) — it's within you and it heals," she said. "People aren't just performing for the sake of performing — all of that comes from somewhere deeper."

(I'm)Possible runs at Motion Gallery on Nov. 28 at 7 p.m.

**Marda Loop**

Luxury Townhomes

FROM

\$599,000 +gst**3 & 4**

BEDROOMS

Upto **1967**

Developed Square Feet

Call 403.249.8003 or Visit **Sarina.ca****sarinahomes**

‘It’s about raising the profile’

SIGNAL HILL

Councillor wants national recognition for geoglyphs

Brodie Thomas
Metro | Calgary

They’re landmarks in the truest sense of the word, and now Coun. Richard Pootmans wants to see the battalion numbers at Signal Hill designated a site of national historical significance.

Pootmans will make the motion on Monday during the regular council meeting.

He said the large hillside numbers — technically known as geoglyphs — have been recognized as historically significant

by the city and the province. His motion will formally ask administration to prepare and submit the necessary documents to the Historic Sites and Monuments Board of Canada.

“It’s about raising the profile of the site and its history,” said Pootmans. “And it puts us on a list that pre-qualifies the site for heritage funding.”

The site, then known as Sarssee Camp, became the western

epicentre for Canada’s war effort in the First World War. It was the second-largest training centre in Canada. About 40,000 troops passed through the area.

The symbols were the battalion numbers of various expedition forces. More numbers once dotted the hillside, but only four remain. Pootmans said some of the ones there now were painstakingly relocated to their current position.

The site now features several interpretive displays and a cenotaph. Over the past few years, the annual Remembrance Day ceremony has seen growing numbers of attendees.

Pootmans said there will be golf carts available this Wednesday to ferry people with mobility issues to the Signal Hill cenotaph. Anyone needing assistance is asked to call his office at 403-268-1646.



The numbers at Signal Hill in Calgary’s southwest.
BRODIE THOMAS/METRO

UNITED WAY

Online game offers window into poverty

The United Way has launched an online simulation that puts people in the shoes of those less fortunate.

Makethemonth.ca features a single-player game that takes the player through a month in Calgary on a shoestring budget.

Each day, the player faces choices on paying utility bills, repairing vehicles and even hosting a birthday party for their kids.

Each choice comes with cost and benefits, but players can easily slip into debt before — and even after — payday rolls around.

“The Make the Month simulation really puts things into perspective,” said Dr. Lucy Miller, CEO and president of United Way of Calgary and Area. “One in 10 Calgarians live at or below the poverty line, which equals 127,000 Calgarians. With unemployment rising to 6.8 per cent in September, we will likely see the

number of Calgarians struggling to make the month rise.”

The Make the Month game is meant to give people a window into what it’s like to make those difficult choices, but it also offers information on programs and services offered by the United Way.

The game also changes month to month, with Halloween scenarios about buying

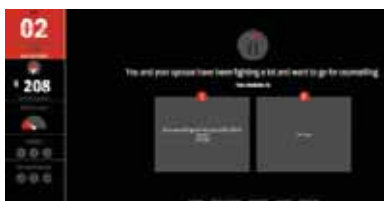
or making costumes for your children now switching to scenarios about working overtime

on Christmas or staying home with family.

Karen Young, COO of United Way of Calgary and Area, said the goal is to get people to change their perspective on poverty.

“The reality is that stigmas exist around poverty, and 67 per cent of Calgarians living in poverty are employed,” she said.

BRODIE THOMAS/METRO



Make the Month. SCREENSHOT

ABES.CA

ALBERTA BUSINESS & EDUCATIONAL SERVICES



BEGIN A REWARDING CAREER AS A
HEALTH CARE AIDE

IN JUST
5
MONTHS

EVENING &
WEEKEND
PROGRAMS

13
CERTIFICATE
PROGRAM
INCLUDING

- Government of Alberta Health Care Aide
- St. Johns Ambulance [First aid, CPR, Automated External Defibrillator]
- Supportive Pathways, Foot Care, Diabetes, Medication Administration, Food Safe, WHIMIS, Palliative Care
- Best Friends Alzheimer’s Society Certificate
- 3 Clinical Placements [Hospital placements available]

Helping people transform their lives through education

CALL TODAY 1.877.300.6280 **ABES.CA**

INTRODUCING CLOVER LIVING
INDEPENDENT LIVING & 55+ SUPPORTIVE LIVING

Great prices starting at
\$1095/mo INDEPENDENT LIVING | **\$1825/mo** SUPPORTIVE LIVING

For more information please contact us at:
(403) 290-1088 | info@cloverliving.ca | cloverliving.ca
Suite 1000, 1201 - 2nd Ave SW, Calgary, AB T2P 3J8

CLOVER LIVING

Canada begins climate talks

PARIS

McKenna to meet with host of leaders to discuss issues

Canada's new environment minister is in Paris taking part in talks with counterparts from a host of countries to lay the groundwork for this month's global climate change summit.

Catherine McKenna and her fellow ministers are spending the next three days looking for common ground on key issues in advance of the summit that begins Nov. 30.

She'll also have a number of one-on-one meetings, including with French Foreign Minister Laurent Fabius.

"Canada agrees the science is indisputable, and we recognize the need for urgent/greater action that is

grounded in robust science," McKenna posted to Twitter on Sunday.

"Our main goal is to make sure that all human beings can fulfil a healthy, safe, sustainable life."

Some 80 leaders will be gathering in the French capital to try to reach a binding agreement on reducing greenhouse gases.

“

Our main goal is to make sure that all human beings can fulfil a healthy, safe, sustainable life.

Environment Minister
Catherine McKenna

Prime Minister Justin Trudeau is expected to be joined there by most of the premiers and at least some of the Opposition party leaders.

The Liberals did not set a target for emissions reductions in their election platform, saying only they would set them informed by economic and scientific analysis.

Trudeau has also committed to calling a First Ministers meeting within 90 days of the conference to set a framework for combatting climate change.

The previous Conservative government's targets were a 30 per cent reduction in emissions from 2005 levels by 2030, which the Liberals called "inadequate and meaningless" without a plan to achieve them.

But environmental groups have criticized the new government, saying the Liberals have simply adopted the targets of the previous Conservative government, and don't appear to have a substantive plan heading into the Paris meetings.

THE CANADIAN PRESS



Minister of Environment and Climate Change Catherine McKenna is in Paris to help lay the groundwork for this month's important conference, which will aim to reach a binding agreement on reducing greenhouse gases. JUSTIN TANG/THE CANADIAN PRESS

Visit our website!

bigmoptical.com

TWO FOR ONE SALE

****ALL FRAMES IN-STORE****

Single vision lenses & frames 2PR \$199

Bifocal lenses & frames 2PR \$309

Multifocal lenses & frames 2PR \$349

FREE SITE TESTING
*With Purchase

Direct Claim Submissions To
Most Insurance Companies

Seniors & Social Service
Recipients Welcome

Big m OPTICAL

#5, 3012 17th AVE SE
403-248-8448

Inside Shoppers Drugmart

AUCTION

Bargains, bureaucracy collide

An airplane formerly belonging to ORNGE, Ontario's air ambulance system, and thousands of decommissioned law enforcement vehicles were among the items sold by Canada's Crown asset surplus site over the past year, an analysis of auction sales data shows.

According to the GCSurplus website, roughly 20,000 items were sold between August 2014 and August 2015.

The highest ticket item sold in that period was a 2010 Pilatus PC-12 aircraft that went for \$3.12 million in July. The plane, which featured a custom medevac interior, was originally purchased along with nine other aircraft in 2008 at a cost of \$4.56 million US per aircraft.

The PC-12 was purchased by Kudlik Aviation, a Quebec City-based company whose corporate affiliate, Kudlik Construction, has numerous building contracts in Nunavut. Jean Labrecque, the director of flight operations for Kudlik Aviation, says the plane was first stripped of its medevac interior in order to accommodate more passengers.

Since a 2012 Torstar News Service investigation revealed serious problems at ORNGE — financial and safety related — the agency has been steadily divesting itself of unnecessary vehicles purchased under the



Marko Lipovsek purchased his 2008 Ford Crown Victoria from an outdoor auction in the Hamilton area two years ago.

TODD KOROL/TORONTO NEWS SERVICE

governance of ex-CEO Chris Mazza, whose tenure is being looked at in an ongoing RCMP investigation.

GCSurplus is a federal government organization operating under Public Works and Government Services Canada. Its online auction website, launched in January 2009, sells everything from high-end jewelry to pallets of unused printer toner on behalf of municipal, provincial and federal government agencies across the country through a closed bidding system.

According to Public Works, GCSurplus reported gross sales of \$53 million for the 2014-2015 fiscal year, with proceeds for the sales returned to the departments or agencies that provided them.

TORSTAR NEWS SERVICE

+ GCSURPLUS

Police cars a hot item on government auction site

Over the past year, GCSurplus has offloaded roughly 4,200 cars and light trucks in working condition — about a third of which were ex-law enforcement vehicles.

Their prevalence is likely due in part to law enforcement agencies updating their existing fleets. However, law enforcement's loss could be your gain, provided you're willing to put up with a few dents and less than luxurious interiors.

TORSTAR NEWS SERVICE

Deleted emails deepen Hwy. 16 sorrows

TRANSPORTATION

Documents indicate some officials back shuttle service

The small British Columbia Cheslatta Carrier Nation has a decades-long anguished relationship with Highway 16, or

the so-called Highway of Tears.

Five people from the community of less than 350 near Burns Lake in central B.C. have disappeared along the route, including an entire family of four, says Chief Corrina Leween.

At least 18 women went missing or were murdered along Highway 16 and the adjacent Highways 97 and 5 since the 1970s. Most cases remain unsolved, though investigators

don't believe a single killer is responsible.

The sorrow deepened recently with a damning report over deleted Transportation Ministry emails about the highway and its missing.

Transportation Minister Todd Stone has said he agrees with the opinions of some locals that a shuttle bus service along the route isn't practical. However, the Opposition New Democrats

say recently released documents contradict Stone and highlight the concerns of local officials who say a bus service should be considered.

The controversy could be swept up in a call by the federal Liberal government for an inquiry into Canada's murdered and missing women. Prime Minister Justin Trudeau promised the inquiry during the election campaign. THE CANADIAN PRESS



The small British Columbia Cheslatta Carrier Nation has a decades-long anguished relationship with Highway 16, or the so-called Highway of Tears. JONATHAN HAYWARD/THE CANADIAN PRESS

SUPPORT

Care harder to find for autistic adults

The question of who will eventually care for their autistic son, Adam, weighed heavily on Deborah Pugh and her husband until their daughter stepped forward to lift the burden.

Adam Elsharkawi, 24, will live with his parents in North Vancouver, working part-time in a bakery, and will eventually move in with his sister, Jemana, and her husband.

Pugh knows parents of children with autism who aren't as lucky. She said a "tsunami of teens with autism" will soon reach adulthood, and many families are struggling to plan for their children's future care.

One in 68 children live with the complex neurobiological condition that affects their ability to communicate and interact with others and often results in repetitive behaviour and attachment to routines or objects, said the B.C. Ministry of Children and Family Development.

Some will be able to live independently but others won't, as the symptoms range from mild to severe.

The ministry said support is available after 19, but Pugh said waiting lists for supportive housing are long, and \$900 provincial-disability payments are not enough.

THE CANADIAN PRESS



Jemana Elsharkawi, left, on her wedding day with her brother Adam Elsharkawi, who has autism. HANDOUT

PRISON REGULATIONS

Watchdog seeks reform on aboriginal corrections

The country's prison watchdog wants the new Liberal government to act on outstanding recommendations from his office, including a call to create a deputy commissioner of aboriginal corrections.

Howard Sapers, the correctional investigator, said outcomes for indigenous inmates continue to be far worse than for other offenders. Sapers said issues facing aboriginal

inmates, including more time spent in custody and segregation cells, are urgent enough that they require standalone leadership within the Correctional Service of Canada.

He also said the government should address aboriginal-specific provisions in the Corrections and Conditional Release Act designed to enhance community involvement in corrections and address the over-representation of aboriginals behind bars.

THE CANADIAN PRESS

TOP DOLLAR FOR TRADES! YES WE CAN FINANCE EVERYONE! 100% FINANCING AVAILABLE!

demo & loaner CLEARANCE

save \$17,470 up to

2015 RAM 1500 CREW 4X4 SPORT \$226/BW OR \$37,995

2014 DODGE GRAND CARAVAN SXT \$133/BW OR \$21,995

WE HAVE OVER 40 DEMO AND LOANER VEHICLES TO MOVE. MANY HAVE UNDER 500KMS! THIS IS YOUR CHANCE TO save 45% up to OVER NEW PRICING! FIRST COME, FIRST SERVED. WHOLESALERS & DEALERS WELCOME!

2015 RAM 1500 SPORT 4X4 REMOTE START & SECURITY, SPORT PERFORMANCE HOOD, POWER SUNROOF	2015 RAM 1500 SLT 4X4 5.7L HEMI V8 WITH 8 SPEED AUTO, TOUCH SCREEN AUDIO, TRAYOR BRAKE CONTROL	2015 RAM 1500 SPORT 4X4 PREMIER SOUND - 9 ALPINE SPEAKERS, 8.4" TOUCH-SCREEN, NAV, PARKVIEW BACK UP CAMERA	2015 RAM 1500 SPORT 4X4 LUXURY GROUP, 8.4" TOUCHSCREEN WITH NAVIGATION, REMOTE START	2015 RAM 1500 SPORT 4X4 REMOTE START, PARKVIEW BACKUP CAMERA, U-CONECT BLUETOOTH
2014 FORD FOCUS 4DR PARKVIEW BACKUP CAMERA, PARK SENSE ASSIST, BLUETOOTH HANDSFREE	2014 RAM 1500 SPORTS 4X4 LUXURY GROUP, REMOTE START, 9 SPEAKER ALPINE AUDIO	2015 RAM 1500 SPORT 4X4 5.7L HEMI V8, MEDIA HUB WITH USB, SIRIUS RADIO, NAVIGATION	2014 RAM 1500 LARAMIE 4X4 3.0L ECO DIESEL, 8.4" TOUCHSCREEN WITH NAVIGATION, REMOTE STARTER	2015 JEEP CHEROKEE LATITUDE 8.4" TOUCHSCREEN, POWER SUNROOF, PARKVIEW BACK UP CAMERA
2014 DODGE DART SE ELECTRONIC STABILITY CONTROL, 16" WHEELS AND TIRE PACKAGE	2014 RAM PROMASTER LOW ROOF 3.6L V6, U-CONECT BLUETOOTH, PARK SENSE	2014 RAM PROMASTER LOW ROOF TOUCHSCREEN AUDIO, WITH STEERING WHEEL MOUNTED CONTROLS, BLUETOOTH HANDSFREE	2014 RAM 1500 SPORT 4X4 LEATHER WITH HEATED AND VENTILATED SEATS, 9 SPEAKERS AUDIO	2014 RAM 1500 LONGHORN 4X4 POWER SUNROOF, 20" WHEEL GROUP, 8.4" TOUCHSCREEN AUDIO
2014 RAM 3500 CREW 4X4 REMOTE START, TOUCHSCREEN AUDIO, CUMMINS DIESEL	2015 CHRYSLER 200 LIMITED 8.4" TOUCHSCREEN, U-CONECT BLUETOOTH, POWER SUNROOF	2015 CHRYSLER 200 LIMITED PARKVIEW BACKUP CAMERA, 9 SPEED TRANSMISSION, U-CONECT BLUETOOTH	2013 RAM 2500 LARAMIE LIMITED NAVIGATION, LEATHER, REMOTE START, POWER SUNROOF	2014 RAM 1500 LARAMIE 4X4 HEATED/VENTILATED SEATS, SUNROOF, GPS NAVIGATION

RENFREW 80 years
YOUR DOWNTOWN CHRYSLER CONNECTION

RENFREWCHRYSLER.COM
1.888.861.7964
1920 PUMPHOUSE RD SW | HRS MON-THUR 8AM-8PM FRI & SAT 8AM-5:30PM

All prices are plus GST and all applicable rebates to dealer. O.A.C. Biweekly payments are based on 4.99%. Example of a cost of financing is \$4965.21 for 2014 Grand Caravan. And \$6286.17 for the 2015 Ram Crew Cab 1500. Half damage will be disclosed at dealer, and cash deals are plus gst and fees. And total obligation for the mini van is \$23901.61.

Concerns dismissed

EGYPT

Tourist exodus ongoing as first Russian inspectors sent

International passengers departing Egypt's Red Sea resort of Sharm el-Sheikh continued lining up for flights Sunday as the first of three Russian inspection teams was dispatched there to examine airport security after the Oct. 31 airline disaster.

The Russian flight's crash in the Sinai Peninsula that killed all 224 people on board continues to generate fallout, after the Islamic State of Iraq and the Levant (ISIL) claimed responsibility for its downing and U.S. and British officials say intelligence shows it was likely brought down by a bomb on board. Britain and several airlines have stopped normally scheduled flights to the resort,

while Russia has suspended all flights to Egypt.

British Foreign Secretary Phillip Hammond told the BBC on Sunday if the bomb is confirmed, it will require a potential rethink of airport security in areas where the extremist group is active.

Russian Deputy Prime Minister Arkady Dvorkovich did not give details on what specific security issues the inspections teams would be examining, but said 11,000 Russians were flown home on Saturday and an even larger number were expected to leave Sunday, according to Russian news agencies.

Security officials at the Sharm el-Sheikh airport have told The Associated Press that the facility has long had gaps in security.

A spokesman for Egypt's Aviation Ministry, Mohamed Rahma, dismissed the concerns, saying "Sharm el-Sheikh is one of the safest airports in the world," without elaborating.

THE ASSOCIATED PRESS



MYANMAR WAITS FOR ELECTION RESULTS

Supporters of Myanmar opposition leader Aung San Suu Kyi's party cheer as they watch polling station counts on a giant screen outside the party headquarters in Yangon on Sunday. **For the latest on the election, visit metronews.ca.**

YE MIN AUNG/GETTY IMAGES

Become a Health Care Aide in less than 5 Months



We help you receive Government funding & scholarships

- ✓ Government of Alberta Health Care Aide Certificate
- ✓ Employment services available
- ✓ Canadian Red Cross (CPR-Level HCP, Standard First Aid, AED)
- ✓ Advanced Medication Delivery Supportive Pathways, Palliative Care, WHMIS, Food Safety and Food Care Courses
- ✓ Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

ABM COLLEGE

403.719.4300
3880 - 29 Street NE, Calgary
www.abmcollege.com

We accept International Students

Other Job Ready Programs Starting Soon

Medical Office Assistant & Unit Clerk • Massage Therapy • Nail Technician
Make-Up Technician • Legal Assistant • Hospitality Business Management
Business Administration • Accounting & Payroll

TELEVISION

'Heckler' targets Trump on SNL

Donald Trump wasn't far into his opening Saturday Night Live monologue before an heckler interrupted with "You're a racist!"

But the "heckler" was comedian Larry David, who before Trump arrived onstage had been seen impersonating Democratic presidential hopeful Bernie Sanders.

"Larry, what are you doing?" Trump asked.

"I heard if I yelled that, they'd give me \$5,000," said David with a shrug, echoing an offer made publicly by Deport Racism, a group protesting Trump's appearance. The group said David would receive the \$5,000 bounty, regardless of whether or not his comments were a joke.

Only hours after the broadcast, Trump was back on television, saying his performance was "very well received and probably got very good ratings, who knows."

Very good, but not spectacular. Preliminary Nielsen ratings measuring households in 56 U.S. markets gave Saturday's "SNL" its highest rating only since January 2012. Basketball great Charles Barkley was host that night. Full results, including viewership figures, will be released Thursday, NBC said.

Trump also told CNN's "State



People rally against Republican presidential candidate Donald Trump outside NBC studios Saturday. THE ASSOCIATED PRESS

of the Union" that some sketches were cut because they were "a little risqué." He did not go into details.

During his monologue, Trump promised his hosting appearance would be "something special," while noting that many people had asked him why he accepted the gig. He said they had told him, "You're brilliant, you're handsome, you're rich. The world is waiting for you to be president. Why?"

His answer: "I had nothing better to do."

"But part of the reason I'm here," he added, "is to show I can take a joke."

The star turn granted Trump fanned the flames of outrage sparked in June when he announced his Republican candidacy for president and described some Mexicans who are in the United States illegally as criminals and rapists.

Hours before the show's live broadcast, dozens of protesters marched from Trump Tower to NBC's studio in Rockefeller Plaza, chanting in both English and Spanish and carrying signs. In Spanish, they chanted: "The people united shall never be defeated" and signs declared SNL racist.

THE ASSOCIATED PRESS

Surprise proposal ignites squabbling

GERMANY

Syrian refugee crisis ongoing fodder for political jousts

Senior members of German Chancellor Angela Merkel's coalition sent conflicting signals on Sunday over a shelved initiative by the interior minister to give many Syrians restricted asylum, setting off a new round of government squabbling.

Interior Minister Thomas de Maiziere appeared to surprise the coalition when he said Friday that many Syrians should get "subsidiary protection," which comes with only a one-year renewable residence permit and wouldn't allow them to bring relatives to Germany for two years.

Amid criticism, he shelved the idea hours later.

Merkel's chief of staff, Peter Altmaier, made clear he wasn't informed that the initiative had been launched.

It remains unclear why the conservative de Maiziere's ministry made an apparent solo decision which angered members of Vice Chancellor Sigmar Gabriel's centre-left Social Democrats.

The minister's announcement came only a day after Merkel's coalition ended a damaging, weeks-long argument over how to speed up processing of migrants with poor asylum prospects.

Altmaier, who was put in charge last month of co-ordinating refugee matters, called it "a discussion the day before yesterday ... that is now settled." He told Deutschlandfunk radio that nothing will be changed "unilaterally."

"Procedures for Syrians will continue to be handled as they have been so far," he said.

THE ASSOCIATED PRESS



In this Oct. 7, 2015 file picture German Chancellor Angela Merkel, left, talks to the Chief of Staff Peter Altmaier in Berlin.

MARKUS SCHREIBER/THE ASSOCIATED PRESS

EUROPE

Romanians protest for accountability

A nightclub fire in Bucharest that killed at least 45 people became the tipping point for many Romanians who have long been frustrated with political corruption, but as the government resigned amid street protests this week, many remained skeptical.

The protests continued even after Prime Minister Victor Ponta resigned on Wednesday, underlining deep social dissatisfaction with an often corrupt political order that has ruled the country since the transition from communist dictatorship to democracy a quarter century ago.

Political analyst Cristian

Parvulescu said the nightclub fire proved to be "the last straw."

"People feel the need for change, for new faces. We have had the same faces for 25 years and this has led to this revolt as there is a real lack of competition," said Parvulescu, who is the dean of the National School of Political Studies and Public Administration in Bucharest.

Anti-corruption prosecutors led by Laura Codruta Kovesi have spearheaded an anti-corruption drive, securing a record 1,051 convictions in 2014, up from 743 in 2013. More are expected this year.

THE ASSOCIATED PRESS



IN BRIEF

Two derailments in as many days in Wisconsin

A Canadian Pacific Railway train carrying crude oil derailed Sunday in Wisconsin.

The eastbound CP train derailed at about 2 p.m. in Watertown in the southeastern part of the state. The railroad said at least 10 cars derailed, and some were leaking. No fires or injuries

were reported.

CP was sending teams to the site, and said it takes the incident extremely seriously.

On Saturday, a freight train derailed near Alma in western Wisconsin, spilling thousands of gallons of ethanol.

BNSF Railway said crews continued work to clean up the first derailment.

THE ASSOCIATED PRESS

NEW
TUSCANY
EXCLUSIVELY AT
SIMMONS MATTRESS
GALLERY



TURN ANY
ROOM INTO A

Guest
room



7145 11TH ST. SOUTH EAST CALGARY

| 403.319.0099

| AGOODNIGHTSLEEP.CA

FOLLOW US!



SLEEP CHEST CABINET

A SOPHISTICATED BED IN A VERY SMALL PACKAGE... USE IT IN YOUR HOME OFFICE, SEWING ROOM, LIVING ROOM - IT DOESN'T MATTER WHERE YOU PUT IT. IT WILL SQUEEZE INTO ANY TIGHT SPACE AND LOOKS FANTASTIC!

SIMMONS
MATTRESS GALLERY

Typhoon remembered

PHILIPPINES

Two years on, villagers still finding bodies

Villagers who perished when Typhoon Haiyan devastated the central Philippines two years ago continue to be dug up, including the skeletal remains of six people found over the weekend, an official said Sunday.

Regarded as the most powerful storm on record to hit land, Haiyan levelled entire villages and swept walls of seawater along with ships surging inland in Tacloban city and other outlying towns on Nov. 8, 2013, leaving 7,361 people dead or missing, based on the latest government count last year.

More than a million houses were damaged or blasted away by the storm's force, displacing about 4 million people.

Most of the skeletons, including that of a child, were found by residents on Saturday in Tacloban's coastal village of San Jose, where storm surges swept away houses and people,



Filipinos in Manila mark the second anniversary of Typhoon Haiyan on Saturday. That typhoon lashed Tacloban city and nearby provinces in central Philippines on Nov. 8, 2013, leaving thousands dead and a wide swath of destruction. BULLIT MARQUEZ/THE ASSOCIATED PRESS

the city's chief health officer Joedina Gumagay said.

Along with police forensic investigators and other officials, Gumagay said she examined the skeletons — found with pieces of clothing, sandals and other belongings — and

concluded they were among the thousands killed in the storm.

Villagers in another Tacloban community dug up another victim, a woman, about two months ago, she said.

A Catholic priest blessed the

skeletons found in San Jose. After being photographed and tagged, the remains were to be buried in a mass grave for typhoon victims on Sunday, coinciding with the second anniversary of Haiyan's deadly onslaught, she said.

"We feel relieved that at least they can now have a decent burial," Gumagay said.

Thousands of typhoon survivors, many teary-eyed, heard Masses in Catholic churches before joining a march to a sea-side sports stadium that served as an evacuation centre after the storm struck. Residents in Tacloban and three nearby towns lit candles along roads Sunday to remember the dead.

President Benigno Aquino III thanked governments that provided aid and deployed forces, planes and ships to help the Philippines deal with the disaster.

The devastated communities have been rebuilt, Aquino said.

"This would not have been possible without the world's embrace of our people and our people's own heroic generosity and sacrifice."

THE ASSOCIATED PRESS

IN BRIEF

Nine die in attack at bar in Bujumbura, Burundi

At least nine were killed in an attack at a bar in the latest violence in Burundi's capital, witnesses said Sunday, as security forces went door-to-door to disarm civilians. Concern is growing over security in the central African nation.

THE ASSOCIATED PRESS

Suicide bombers kill 3

Two suicide bombings in Bouboua village near Lake Chad have killed at least three people and injured 14, Chad officials said Sunday. No one has claimed responsibility for the attack, but it is similar to others in the area by Nigeria's Islamic extremist group Boko Haram.

THE ASSOCIATED PRESS

Hope fades for missing

The 28 people missing since the failure of two dams at an iron ore mine flooded a village in south-eastern Brazil are unlikely to be found alive, the governor of the affected state said Sunday. Minas Gerais Gov. Fernando Pimentel said it was still not known what triggered the dams' failure.

THE ASSOCIATED PRESS



At least they can now have a decent burial.

Joedina Gumagay

SALES MANAGER, NEW BUSINESS DEVELOPMENT

Metro Calgary is looking for an experienced, energetic and motivated sales professional to join our dynamic sales team in Calgary. Reporting to the Sales Director, the successful candidate will lead a range of business development tasks in an effort to continue to drive our incremental sales goals both in print and online. While leading a dedicated new business development sales team and supporting/influencing a team of account managers, the successful candidate will leverage an innovative mindset to identify incremental opportunities and champion new opportunities.

PRIMARY RESPONSIBILITIES:

- Provide leadership to and promote accountability with the new business development team
- Support & influence a team of account managers in an effort to drive new and incremental business within their portfolios
- Lead Special Features/Custom Publishing efforts for the Calgary office
- Increase the number of innovative, first-to-market features
- Identify, develop and champion new revenue opportunities
- Assist entire sales team with lead generation
- Study existing account lists and look for new opportunities
- Build and maintain strong relationships with new and existing clients

We're growing!

REQUIREMENTS OF THE POSITION:

- 5 years of demonstrated success in a similar role
- Degree or certification in Business or relevant field
- Dedication to achieving extraordinary results while maintaining a positive and motivated attitude
- Excellent negotiation skills and ability to influence others
- Entrepreneurial, goal oriented, target driven, creative, detail oriented, efficient, inspirational
- Excellent time management skills, highly organized
- Outstanding communication skills
- Fluent in Microsoft Office – Word, Excel, PowerPoint & Outlook
- Must be a team player

If you think you have what it takes for this position, send your resume and cover letter to hr@metronews.ca no later than November 27th, 2015. PLEASE QUOTE: "Sales Manager, New Business Development – Calgary" in the subject line. We would like to thank all applicants for their interest in this position; however, only those considered for an interview will be contacted. All submissions will be treated as confidential.

metro

YOU CAN HAVE IT ALL.

A Stepper home—in SE Calgary's Legacy—is built with all the amenities and at the right price for first-time home owners.



ONLY 5 HOMES REMAINING

Landis

Homes with amazing finishings starting from

\$414,900

incl. house, lot + gst

1603 sq. ft



Our passion's been building since '56
stepperhomes.com

Visit our showhomes: 1737 Legacy Circle SE
legacylaned@stepperhomes.com | 403-474-3097

BASHA FOODS

INTERNATIONAL

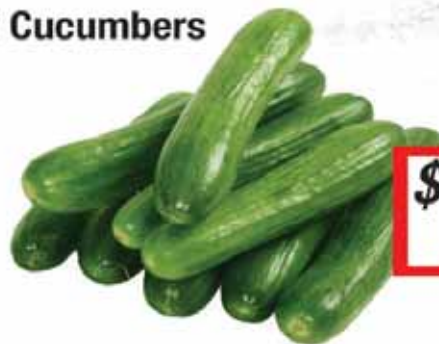


Bananas



.69¢
/lb

Mini Cucumbers



\$1.49
/lb

Whole chicken



\$1.99
/lb

Beef with bone



\$2.99
/lb

GIFT CARD
WHEN YOU SPEND \$250 OR
MORE IN GROCERY

Recieve \$20
See store for more details

BASHA FOODS
INTERNATIONAL

Maple Lodge Chicken Weiners

450gm

2 for
\$4.00



507 Basmati Rice

8lb

\$8.99
EACH



Brar Besan

4 lb

\$3.99
EACH



Sher Desi Style Atta

20 lb

\$9.99
EACH



BASHA FOODS
INTERNATIONAL

CALGARY
403.280.6797
2717 Sunridge Way N.E. T1Y 7K7
HOURS Monday - Sunday 9:00AM - 9:00PM

bashafoods.ca

prices in effect Nov 9 - Nov 22

Fresh! PRODUCE



Assorted Apples

.89¢
/lb

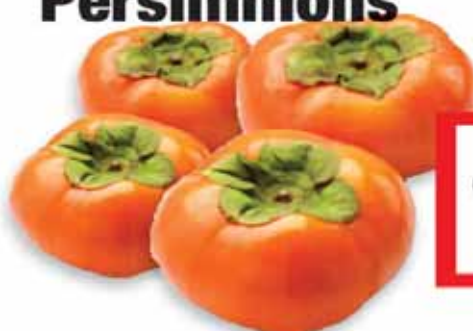
Limes



3 for

\$1.00

Persimmons



\$1.49
/lb

Quince



\$3.49
/lb

Oranges



\$1.29
/lb

Asst Herb mint, tyme, rosemary



.99¢
each

Onions Red or Yellow 3 lbs



\$1.99
EACH

Green Cabbage



.49¢
/lb

Avocado



.99¢
each

MADE IN HOUSE DAILY

Roasted Chicken



\$9.99
EACH

Bulk Olives per 100gm



.99¢
/100g

Basha Meat Pie 6pk



\$9.99
EACH

BASHA FOODS INTERNATIONAL bashafoods.ca

During our sale we will make every effort to have sufficient supply. However, due to circumstances beyond our control, some items may be out of stock. Actual items may vary slightly from illustrations. We reserve the right to make any sale cancellations at any given time. We strive for complete accuracy in our advertising, errors sometimes can occur. We apologize for any inconvenience caused. For more details regarding sale items in our flyer, see store for more details. Some conditions may apply. We encourage our customers to visit our website at www.bashafoods.ca for upcoming promotions. GST is extra where applicable. All rights reserved to Basha Foods International Inc. 2015.

Select! GROCERY

Walnut Bulk



\$6.99
/ lbs

Sharjah Dates
500gm



3 FOR \$5
500gm

Reggia Nest Pasta 500gm



\$1.49
EACH

Golden Valley Date paste
500gm



\$1.99
EACH

Ziyad Grape Leaves 16oz.



\$4.99
EACH

Cedar Frozen Okra Zero 375gm



\$2.49
EACH

Zain Basmati Rice
10lbs



\$11.99
EACH

Beatrice Butter 1 lb



\$3.99
EACH

Al-Daya Rose or Orange Blossom Water
250ml



\$1.79
EACH

JAD Tahini 2 lbs



\$5.99
EACH

Al Dayaa Olive Oil 500ml



\$5.99
EACH

Desi Red Lentils 8lbs



\$7.99
EACH

Al Dayaa Chic Pea Dip
400gm



.99¢
each

BAKED IN HOUSE DAILY

Basha Baklava 12pc



\$6.99
EACH

Namoura Small tray



\$5.99
EACH

Basha petite four Cookie mix



\$5.49
EACH

Become a **BASHA FOODS** Club Member!

It's free to join. Register online at bashafoods.ca or ask in-store.

BASHA FRESH MEAT



Boneless Lamb Stew



\$7.99
/lb

Top Sirloin



\$4.99
/lb

Boneless Blade Steak



\$4.99
/lb

Regular Ground Beef



\$3.49
/lb

Beef Shank



\$4.59
/lb

Prime Rib Steak



\$6.99
/lb

Boneless skinless thigh



\$4.99
/lb

Bone in Blade Steak



\$4.99
/lb

Cross Rib Steak



\$4.99
/lb

Eye of Round



\$4.99
/lb

bashafoods.ca

BASHA FOODS
INTERNATIONAL

CALGARY

403.280.6797

2717 Sunridge Way N.E. T1Y 7K7

HOURS

Monday - Sunday 9:00AM - 9:00PM

100M facing stark poverty

WORLD BANK

Poor will bear brunt of climate change impact: Report

Climate change could push more than 100 million people into extreme poverty by 2030 by disrupting agriculture and fueling the spread of malaria and other diseases, the World Bank said in a report Sunday.

Released just weeks ahead of a UN climate summit in Paris, the report highlighted how the impact of global warming is borne unevenly, with the world's poor woefully unprepared to deal with climate shocks such as rising seas or severe droughts.

"They have fewer resources and receive less support from family, community, the financial system, and even social safety nets to prevent, cope and adapt," the Washington-based World Bank said.

How to help poor countries — and poor communities within countries — deal with climate change is one of



Chinese workers at a building site in the Democratic Republic of Congo. Sub-Saharan Africa and South Asia are the "hot spots" for climate impacts on poor people. THE ASSOCIATED PRESS

the crunch issues in talks on a global climate accord that's supposed to be adopted next month in Paris.

Those who say that rich countries aren't doing enough to help the poor said the report added emphasis to demands for billions of dollars in so-called climate finance to developing

countries.

"The statistics in the World Bank report are suitably shocking and I hope they force world leaders to sit up and take notice," said Mohamed Adow of Christian Aid.

Despite pledges to rein in emissions of carbon dioxide and other global warming

gases, climate change isn't likely to stop anytime soon. Carbon emissions are expected to rise for many years as China, India and other developing countries expand the use of fossil fuels to power their economies.

But efforts to protect the poor, such as generally improving access to health care and

The statistics ... are suitably shocking and I hope they force world leaders to sit up and take notice.

Mohamed Adow

social safety nets, and targeted measures to upgrade flood defences and deploy more heat-tolerant crops could prevent most of the negative consequences of climate change on poverty, the bank said.

The report referred to studies showing climate change could result in global crop yield losses as large as 5 per cent by 2030 and 30 per cent by 2080. It also referenced studies showing warming temperatures could increase the number of people at risk for malaria by 150 million.

Stephane Hallegatte, one of the authors, said the "hot spots" for climate impacts on poor people were sub-Saharan Africa and South Asia.

THE ASSOCIATED PRESS

IN BRIEF

AirBaltic first to operate Bombardier CS300

Latvian carrier airBaltic will be the first client to operate the CS300 aircraft when it takes delivery in the latter part of 2016, aircraft maker Bombardier announced Sunday.

The Latvian national airline has 13 firm orders for the CS300 and retains options for seven others, Bombardier said.

In a separate announcement, the Quebec-based company also said the flight test program for the CS100 aircraft was "close to 100 per cent complete."

It expects the aircraft to be certified with Transport Canada by the end of the year. THE CANADIAN PRESS

U.S. gas prices stop falling

The average price of gasoline rose a penny over the past two weeks, to \$2.25 US a gallon. Industry analyst Trilby Lundberg said the slight increase comes after prices previously fell 63 cents over 19 weeks. The end of the price decline comes as crude costs jumped a bit. THE ASSOCIATED PRESS

RECEPTIONIST/SALES COORDINATOR

Reporting to the Administrative Specialist and Business Project Coordinator, Western Canada, the right candidate will carry out a range of administrative and operational tasks related to the daily operations of the business in the Metro Calgary operation. As well as provide operational and executive support to the Sales Manager, Metro Calgary and any additional administrative support as directed.

PRIMARY RESPONSIBILITIES:

- Responsible for all administrative projects as assigned
- Responsible for the general daily office operations
- Assist in maintenance and control of the office budget
- General reception duties and Customer service requests
- Oversee couriers and mail; both incoming and outgoing
- Supervise the implementation of new office systems from various shared service departments
- Review and update health and safety policies; coordinate with JHSC
- Responsible for maintaining accurate staff lists and directories
- Answering telephones, call screening and forwarding
- Deal with complex queries and complaints, by email, phone and in person
- Advertising Sales Bookings using a computer
- Direct Sales Support
- Completion of numerous reports daily, weekly, and monthly, pertaining to the sales team

REQUIREMENTS OF THE POSITION:

- 2-3 years of demonstrated success in a similar role
- Great organizational and time management skills
- Outstanding communication skills
- Intermediate knowledge of Microsoft Office - Word, Excel & Outlook
- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than November 15th, 2015. PLEASE QUOTE: "Receptionist/Sales Coordinator - Calgary" in the subject line. All submissions will be treated as confidential.

metr

ACCOUNT MANAGER, NEW BUSINESS DEVELOPMENT

Metro Calgary is looking for an experienced, energetic and motivated sales professional to join our dynamic sales team in Calgary. Reporting to the New Business Development Sales Manager, the successful candidate will utilize creative strategies to customize a broad range of advertising options, both in print and online. The successful candidate will leverage an innovative mindset to support clients in achieving their business objectives while also achieving company set personal monthly and annual targets.

PRIMARY RESPONSIBILITIES:

- Actively prospect and generate new advertising revenue, both in print and online
- Achieve and exceed allocated sales targets
- Support various Special Feature and Custom Publishing opportunities
- Assist clients with building their brand and/or generating awareness about their products, events and/or services
- Build and maintain strong relationships with new clients
- Respond to client queries and follow-up on all client calls and emails
- Develop and present persuasive presentations
- Log daily sales activity into CRM

REQUIREMENTS OF THE POSITION:

- 2 years of demonstrated success in a similar role
- Some relevant post-secondary education
- Dedication to achieving extraordinary results Excellent oral & written presentation, communication and negotiation skills
- Excellent time management skills, highly organized, detail oriented, efficient, ability to meet tight deadlines, ability to set priorities and manage daily tasks
- Creative and collaborative
- Proficient in Microsoft Office - Word, Excel, PowerPoint & Outlook
- CRM experience is an asset
- Strong sense of accountability
- Must be a team player

If you think you have what it takes for this position, send your resume and cover letter to hr@metronews.ca no later than November 27th, 2015. PLEASE QUOTE: "Account Manager, New Business Development - Calgary" in the subject line. We would like to thank all applicants for their interest in this position; however, only those considered for an interview will be contacted. All submissions will be treated as confidential.

metr

We're growing!

Buzz control: To curb invasive, disease-spreading mosquitoes, L.A. scientists will release males infected with bacteria that make females infertile — which could backfire, causing other bugs to surge.

JOHN HONDERICH

No one can dispute the tradition of an individual publisher or owner calling the election shots for their local paper. But to dictate the choice across an entire chain — and nation — is an entirely different tale.



Never before in a federal election, in my memory, have newspaper endorsements become so controversial.

Topping the list unquestionably was Postmedia CEO Paul Godfrey's dramatic order to all 16 major Postmedia papers across Canada to support Stephen Harper.

Each paper was allowed to write its own editorial, but the conclusion was pre-ordained.

"Since God made babies, I think (endorsement editorials) were always made that way," longtime Conservative Godfrey explained later, reacting to the uproar. "If anyone thinks otherwise, I think they were dreaming in Technicolor."

Really, Mr. Godfrey?

You might want to examine the policies of other newspaper chains that tell an entirely different bedtime story of the so-called "proprietor's prerogative."

No one can dispute the tradition of an individual publisher or owner calling the election shots for their local paper. Godfrey did that regularly when he was publisher of the Toronto Sun.

Even more worrisome is the negative impact this affair is having on the newspaper industry in general. At a time when the relevance and impact of newspapers are under attack, this doesn't help.

But to dictate the choice across an entire chain — and nation. That is an entirely different tale.

Consider the previous owners of Postmedia papers, the venerable Southam family.

essential informing part of the democratic process and their first responsibility must be to the local readers they serve.

The old Thomson chain in Canada, owned by the richest family in the land, had a

declared that editorial independence has always been the official policy of the Torstar newspaper group.

While the proprietors and publisher of the Toronto Star are involved in the Star's election endorsements, the Hamilton Spectator, Waterloo Record and all 125 of Torstar's community papers can decide for themselves.

So in the 2011 federal election, The Star supported Jack Layton's NDP, while virtually all other Torstar papers endorsed Stephen Harper. In 2015, all the dailies came out for the Liberals under Justin Trudeau.

These aren't dreams. They are black and white realities reflecting a long-held common tradition among North America's major newspaper groups.

Mr. Godfrey, soon to be installed in the Canadian News Hall of Fame for his contribution to Canadian journalism, clearly has a different perspective.

Yet, the firestorm of criticism on social media, the rumours of discontent in Postmedia newsrooms and even a damning story in Britain's Guardian newspaper all reflect a pervasive discontent.

Even more worrisome is the negative impact this affair is having on the newspaper industry in general. At a time when the relevance and impact of newspapers are under attack, this doesn't help.

Ultimately, though, it is readers who matter most. And surely those in Postmedia communities deserved far, far better.

John Honderich is a former publisher of the Toronto Star. He is chair of Torstar's board of directors.



Postmedia, which owns the Ottawa Citizen, the National Post and the Sun chain of papers, ordered its major publications to endorse the Conservative Party in last month's federal election. JUSTIN TANG/THE CANADIAN PRESS

It went to great lengths to emphasize individual publishers in each city were responsible for all editorial content, including election endorsements. "It was even in my letter of engagement," remembers veteran Southam publisher Clark Davey.

"It said what appeared in the (Vancouver) Sun rested on my conscience."

The reason, of course, was self-evident. What was important or relevant to readers in Vancouver might not be so in Montreal, Ottawa or Windsor.

Owning a newspaper, in my view, is a privilege, not a right. Nor is it the same as owning a pizzeria or car wash. Newspapers are an

similar practice of non-interference in local editorial issues.

South of the border a similar tradition has existed for decades. In the last presidential election, America was a patchwork quilt of competing newspaper endorsements.

The huge Gannett chain states that "Diversity is strength. By encouraging and expressing a mix of opinions, backgrounds, stories and ideas, Gannett improves results."

An executive for the large Knight-Ridder chain put it more pithily. "We bought them (newspapers). But we don't own them."

In the interests of transparency, it must also be

An Uber-rich Calgarian is holding the library hostage to get his way

KINGKADE'S CALGARY

Roger Kingkade



Calgarians are used to seeing W. Brett Wilson's name in the paper attached to stories about his lavish and gratefully received financial gifts to institutions like the Southern Alberta Institute of Urology. Certainly, we're grateful to have the former Dragon, from CBC's Dragons' Den, in our midst and giving back to Calgary as he does. Charity is at the heart of many uber-successful people, something we occasionally forget.

Interestingly, those wealthy one-percenters are often maligned for their influence in the halls of power. The commoners need the government to provide for and protect them, not cater to the wishes of the richest. The proletariat can't compete with the monetary capabilities of the bourgeoisie to influence the state. This is why it's so repugnant to see the rich peddle their influence by purchasing politicians.

Something peculiar happened in Calgary last week. If you think a wealthy Calgarian trying to buy his whim at City Hall, you can't be blamed.

Upon receiving the Bob Edwards award in Calgary last Thursday night, Wilson told the audience he'd give \$100,000 to the Calgary Public Library Foundation if council were to approve regulations that allow Uber to operate legally in the city. The City may very well be en route to that end as it is. We'll know more when council convenes

on the issue next week.

Wilson is outspoken about the benefits Uber will provide for Calgary. He claims he's not an investor in the company, and there's no indication he is. Still, he needn't profit from this arrangement to put council in a compromising position.

His strings-firmly-attached "gift" of \$100,000 provides a cash incentive for the city to enact policy that will directly affect the business landscape in one sector. Granted, it's a business Calgarians want, but should that make it OK? What if a certain philanthropist/home builder offered to build a respite centre near the children's hospital provided the city relax some permit-approval processes or sell land?

What makes Wilson's offer unsettling is he has put two city councillors, fully 25 per cent of the votes needed to pass a motion, in a conflict of interest. Councillors Druh Farrell and Evan Woolley both sit on the library board. Should they recuse themselves of future discussions on Uber, as their consideration is no longer impartial? Should they consider the impact on the library when voting on transportation policy? As Wilson says, it's his money. He can do as he pleases with it. If he wants to give it to the library, it's up to him. If he wants to be seen to be using his money to influence policy, that's his prerogative as well.

Roger Kingkade co-hosts the Kingkade and Breakenridge show every weekday morning from 9 a.m. to noon on NewsTalk 770.

Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO WESTERN CANADA
Steve ShROUT

MANAGING EDITOR CALGARY
Darren Krause

ADVERTISER INQUIRIES
adinfo@calgary@metronews.ca
General phone 403-444-0136

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan



Let's hear it for the liberal arts

ANALYSIS

Justin Trudeau's arts education is part of his political appeal

Devon Scoble
Metro | Canada

Stephen Harper warned that Justin Trudeau — an English literature grad and former teacher — wasn't ready to be Prime Minister, but a Statistics Canada study released in April showed nearly a third of young humanities graduates are actually over-qualified for their jobs.

Overall, humanities grads earn less money and — according to a study by the Canadian Scholarship Trust Plan, or CST — less respect than their STEM (science, technology, engineering and math) contemporaries. In terms of both status and wealth, only fine arts majors bring in less.

Despite this, humanities subjects like English, history, philosophy and music remain a vibrant part of campus life, and the second-most popular majors at Canadian colleges and universities. (Business, management and public administration are most popular.) The humanities were once considered the cornerstone of education, and encouraging them is essential, says Martha Turner, VP of Marketing for the CST. Not only because they cre-

ate well-rounded graduates, but also because the future market demands a broad skill set.

"With a global economy emerging, you have to be able to work with teams all over the world," says Turner. "Empathy and teamwork are skills you could arguably learn in any discipline, but particularly in the humanities."

Justin Trudeau isn't your average humanities grad, and his climb to Canada's top post was fuelled as much by personal ambition, political connections, and — let's be real here — a fortuitous surname, as his appreciation for literature.

But now that he's scored the job, the skills he cultivated in his undergrad will be useful, says University of Toronto English Professor and novelist Rob-



When I hear Justin Trudeau talking about his prioritization of listening to other people, I can't help but think that reading literature will have fostered his abilities in that regard.
University of Toronto English prof
Robert McGill

ert McGill.

"A lot of people talk about what they call his emotional intelligence, and when I hear that, I think about the skill of sympathetic imagination," says McGill. "That's the term liter-

ary critics use to talk about an ability to enter into the life of another person with rigour and compassion."

Researchers at The New School in New York City found that studying literary fiction im-

proves a reader's capacity to empathize with others. The study, published in the October 2013 issue of *Science*, asked people to read fiction, literary fiction, nonfiction and nothing, then take a test where they were asked to infer other people's emotions. When participants read fiction and literary fiction, they scored significantly better on the tests.

"Novels are rather unique in getting us to listen to and identify with the lives of others and when I hear Justin Trudeau talking about his prioritization of listening to other people, I can't help but think that reading literature will have fostered his abilities in that regard," says McGill.

"And I think that aspect of him is part of his political appeal," he adds.



Marda Loop

Luxury Townhomes

FROM

\$599,000 +gst

3 & 4
BEDROOMS

Upto **1967**
Developed Square Feet

Call 403.249.8003 or Visit **Sarina.ca**

sarinahomes

Magazines look to new strategies

PRINT

Newsstand presence disappearing for some titles

The New Year will usher in a new look on Canadian newsstands as the venerable fashion magazine Flare disappears from the racks and turns its focus towards targeting a younger demographic both online and offline.

Sales of single copies of printed magazines have fallen dramatically, forcing the industry to re-evaluate distribution and adapt, says Bo Sacks, president of the U.S.-based consulting firm Precision Media Group.

"In the last five years, we have lost 50 per cent of the newsstand sale. And that is a trend that's not going away," says Sacks.

"Every year, we seem to lose nine to 11 per cent of the sales we used to have before. This is a trend that seems inescapable. At what point does it plateau? I have no idea. But it doesn't look like anytime soon."

Flare is currently averaging 1,800 copies sold on newsstands,



Flare is leaving newsstands in 2016. Instead, overrun copies will be distributed in urban centres. PAUL CHIASSON/THE CANADIAN PRESS

which is less than 2.5 per cent of its total circulation, says Melissa Ahlstrand, group publisher for fashion and beauty at Rogers Communications Inc.

"Essentially with those kinds of numbers on newsstands, we really had to take a good look at how we distribute our print copies. It's a very small quantity," Ahlstrand says, adding that Flare will still publish 10 print

editions in 2016 for subscribers.

Ahlstrand says millennial readers aren't regular newsstand buyers, and in an effort to connect with "young, cool, smart women" they've decided to invest in another form of print distribution to reach that demographic: distributing overrun copies in urban centres.

"Where we may lose the visibility in newsstands — albeit

small — we're actually gaining a lot more visibility through this alternative distribution."

Across the industry, a comparative analysis of 56 Canadian titles found overall paid and verified circulation was down 4.8 per cent for the first half of 2014 compared to the first half of 2013, according to AAM. Verified circulation includes subscription copies designed for

readership in public places, like those in waiting rooms, hotel rooms or by airlines.

D. B. Scott, who blogs at Canadian Magazines, says that while the absence of newsstand copies may be an inconvenience for some, they represent a small subset of readers.

"There probably is a line that a magazine crosses where it is no longer effective, and it is a

very expensive thing to maintain a single-copy strategy if it's not achieving its principle goal — which is to get you new subscribers," says Scott.

But Sacks argues the newsstand is still "critical to the long-term survival of magazines," despite the drop in sales.

"This is where people discover magazines," says Sacks. "Sure, you can save a lot of money by eliminating your print title. But long-term, discoverability becomes a much bigger problem."

At the recent FIPP World Congress for magazine media in Toronto, there was considerable discussion about the change in industry culture, says Rowland Lorimer, founder of the Canadian Institute for Studies in Publishing at Simon Fraser University.

"Throughout the large magazine sector, they're all talking about changing their understanding of the new model from a periodical publishing to more or less continuous publishing in all kinds of ways. Not just a snippet on Twitter or a very short article, but actually making articles available, enhancing them with video and so on. It's a major change." THE CANADIAN PRESS

CO-OP
Best Fresh

THE HOLIDAYS ARE ALMOST Here!

Have any Ideas?

- Holiday snacks for kids
- Hosting the family
- Hosting small or large gatherings
- Potluck dishes and desert

Share your festive traditions and recipes!

A recipe winner will be chosen each week for 6 weeks.

START COOKING!

YOU COULD **WIN** a **\$100** **CO-OP** GIFT CARD

AND A CHANCE TO HAVE YOUR RECIPE FEATURED IN METRO!

Gain the knowledge and training you need to excel in a competitive business environment.

\$7995 (Includes Tuition & Textbooks)

Develop a full range of skills from Economics, Human Resources, Organizational Behaviour to Financial Accounting, Marketing and more that you will rely on in any business setting.

ROBERTSON COLLEGE 587.794.4476 | robertsoncollege.com

No purchase necessary. One entry per person, per day. Contest open to residents of Calgary and surrounding areas, who have attained the age of majority at the start of the Contest Period. Odds of winning depend on the number of eligible entries received. Six (6) prizes are available to be won each consisting of \$100 Gift Card to Co-op and a chance to have your recipe featured in Metro, at Calgary. Approximate retail value of each prize is \$100.00. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on November 6 and closes at 11:59 pm ET on December 15. To enter and for complete contest rules visit www.clubmetro.com



Avoid the crash after the holiday rush by planning ahead and buying what you can afford. iStock

Make a shopping list, check it twice

SPEND LESS TO BE MERRY

Don't be budget naughty or your new year won't be so nice

Gail Vaz-Oxlade
For Metro Canada



I was at dinner with friends last week when the topic turned to Christmas dinner. They always have me over and this year it's going to be on Dec. 27 because, with grown kids, carving out Christmas is less about the date and more about the time spent together. It takes a plan to work all the family dynamics into the holiday season.

Some people also find it challenging to get through their shopping without blowing their budgets or their minds. It's doesn't have to be hard. But you do have to exercise some discipline as you whip out your wallet and pay, pay, pay.

The easiest way to stay on track is to make a list. If your heart is bigger than your wallet, go over your list and decide who doesn't really need to be on there? Are there people to whom can you give a token gift to celebrate the season? Can you use Secret Santa so you don't have to buy for

your whole brood?

The very best gifts don't have to cost a penny. Offer up your time babysitting, cooking meals, house cleaning, massaging, sewing, knitting, transporting, or whatever else you're good at. Clip a picture of the service you'll provide and be clear on how often, as in "I'll babysit one weekend a month from February to June." Or better yet, make your own coupon book.

Retailers count on your oohs and ahhs while you're out shopping for your loves so make this rule: No self-gift while you're shopping. The one-for-you-one-for-me approach to holiday shopping is just an excuse to be self-indulgent. And it's a sure way to end up with a holiday hangover. If you see something you really like, put it on your own list for Santa.

Want to remove the temptation to over-shop? Shop with cash. So many people who whip out their plastic end up spending more than they planned and then get stuck paying the minimum payments. At 18 per cent interest, \$500 in holiday spending would take seven years to pay off and cost \$365

in interest. Ouch! As for opening up a new store credit cards to get that 10 per cent or 20 per cent off your purchase for the day, don't do it. Retailers must be making a packet on interest and late fees in order to offer those special deals. And if you're the sucker who ends up carrying a balance, you'll spend far more in interest than you saved on purchases. And, yes, opening and closing store cards can mess with your credit score.

Before tossing anything into your shopping cart ask yourself why you are buying it. Are you just fulfilling your duty to give a gift? Are you showing off? Are you trying to keep up? Or are you giving something you can afford and that your friend, sister, son or partner will truly enjoy receiving?

Your mom, dad or BFF aren't going to be happier that you put yourself in financial stress rather than giving them something that might be slightly less and within your means, if they really love you. If they are judging you on your pressie, then they don't really love you and you shouldn't be buying them anything!

For more money advice, visit Gail's website at gailvaz-oxlade.com

MAKE THIS A RULE
No self-gift while you're shopping. If you see something you really like, put it on your own list for Santa.

More than just a pretty rate.

Nowadays, there's an overwhelming amount of choice available when it comes to investing your money. But you'll only find one place where your money truly gets the respect it deserves. At Oaken, you'll find some of Canada's highest savings rates and your deposits are eligible for CDIC coverage.* So do your homework and invest in the solution that's right for you.

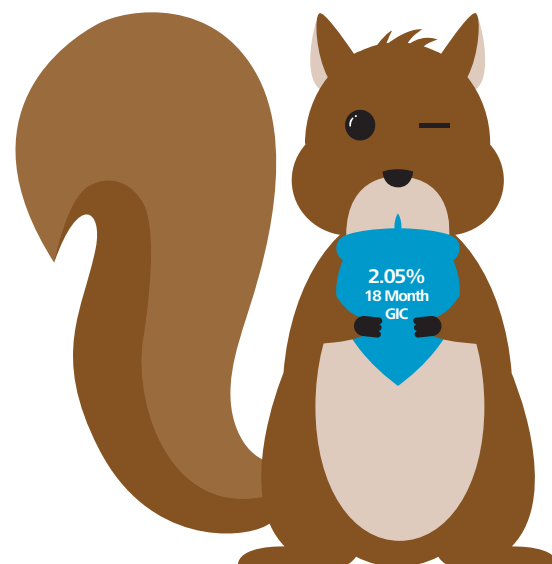
For some of the highest savings rates in Canada, call 403-692-4740 or visit oaken.com

Come visit us at our store, or we can come to you!



Oaken
FINANCIAL

Plant for your future™



Oaken Financial is a trademark of Home Trust, member of CDIC

517 - 10th Ave. SW, Calgary, AB T2R 0A1

[f OakenFinancial](https://www.oakenfinancial.com) [@oakenfinancial](https://twitter.com/oakenfinancial)

Rates are correct as at November 9, 2015, and subject to change. Interest on all GICs is paid annually or compounded annually and paid at maturity, minimum deposit \$1,000, non-redeemable. The Oaken Savings Account rate is annualized, interest is calculated daily and paid monthly. *CDIC coverage up to applicable limits.

Inside the world's fastest bike



University of Toronto engineering grads and members of the Canadian firm Aerovelo designed a bike that broke the world speed record at an international competition. COURTESY AEROVELO

INNOVATION

The team's bike, Eta, hit a top speed of 139.45 km/h

It shot across a remote stretch of highway in Nevada like a white bullet. And it was only propelled by one man's legs.

Encased in a white carbon fibre shell, a speed bike designed by the Canadian engineering firm Aerovelo smashed the world record for the fastest human-powered vehicle at an international competition. Its top speed was 139.45 kilometres per hour.

They set the record on a high-altitude, enclosed 8-kilometre strip of road at the World Human Powered Speed Challenge in Battle Mountain, Nev. in mid-September.

Jun Nogami, an engineering professor at University of Toronto and the chief time-keeper at the event, was one of the few people in the audience that morning.

"Everybody was shocked except for Aerovelo because they are convinced they can go faster," he said.

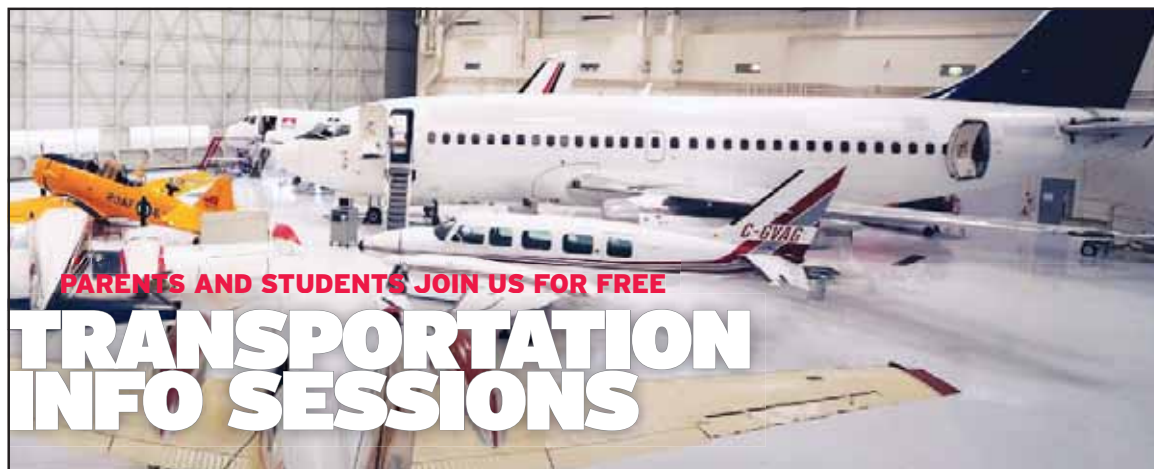
"It was a strange feeling to be celebrating in the middle of the desert in Nevada and nobody else knowing what we're celebrating."

They beat the previous record, 133.78 km/h, by a little more than 4 km/h. They then eclipsed their own time twice over the next two days.

The bike owes its speed to its sleek design

and its rider, Todd Reichert, a 33 year-old U of T grad and co-founder of Aerovelo, who was once a national-level speed skater.

To reduce drag, the bike has a pair of front-facing cameras and screens for the driver.



Choosing the program that's right for you is a big decision. That's why SAIT Polytechnic offers free information sessions – your golden opportunity to discover your program options, ask questions and sometimes, tour our campus.

RAILWAY CONDUCTOR

Get your future on track and become a Railway Conductor! Get the hands-on training and experience that companies are looking for to get into this industry.

- 15-week certificate
- Excellent starting wages
- High graduate employment rate
- Opportunity for advancement to locomotive engineer and management roles

Join us Tuesday, November 10 at 6:30 pm at the Centre for Rail Training and Technology – 1940 Centre Avenue NE.

AVIATION CAREERS

Do you love aviation? Do you want to turn your passion into a career? If so, one of these programs may be right for you:

- Aircraft Structures Technician
- Aircraft Maintenance Engineers Technology
- Avionics Technology

Join us Thursday, November 12 at 6:30 pm at the Art Smith Aero Centre – 1916 McCall Landing NE.

Visit sait.ca/transportation for more information and to register for these sessions.



AERODYNAMIC
The bike's oval-shaped shell makes it 100 times more aerodynamic than even the most streamlined cars, according to its builders.

"It feels a bit like a video game," Reichert said in an interview with California,

where he is for work. And like any game, it takes practice. "The first time going over 100 in our testing, I thought 'Holy crap, this feels fast!'"

"To me now, 100 km/h feels slow," he added, with a laugh.

The bike's oval-shaped shell makes it 100 times more aero-

dynamic than even the most streamlined cars, according to its builders.

The wheels are 26 inches, like those on Olympic racing bikes, but they are covered to reduce drag.

Not for nothing, Aerovelo named their bike "Eta" after the Greek letter often used to symbolize efficiency in equations.

They began work on the bike in 2013, the same year they won a \$250,000 prize for designing a human-powered helicopter that can hover three metres for at least a minute.

Aerovelo grew out of a partnership between Reichert and fellow U of T grad Cameron Robertson while they were both members of the university's Human-Powered Vehicle Design Team.

Reichert already has his eyes on breaking their own record next year. Their next goal is 88 miles per hour (141.2 km/h) "because that's the speed of a human-powered time machine," he joked, referring to the velocity of Doc's Delorean in Back to the Future.

"We're a bunch of nerds here, ok?" TORSTAR NEWS SERVICE

+ FUTURE PLANS

Carrying the Aerovelo concepts forward

Some University of Toronto students from the Human-Powered Vehicle Design Team helped design and build the bike.

They are crafting their own version of it to race in Nevada in 2016.

Calvin Moes, the team's captain and a master's student in engineering, says building the world's fastest bike isn't just a matter of pride.

"Going forward, the technology and the concepts that we've developed with these (bikes) could be applied to all sorts of things to improve efficiency," he said.

"If car designers could take these concepts and apply them in a more limited sense we would right away see a huge improvement in mileage, and correspondingly a huge reduction in fuel consumption and greenhouse gases."



Holy crap, this feels fast.

Todd Reichert, Aerovelo co-founder

A local engineering firm started by U of T grads Todd Reichert, right, and Cameron Robertson designed the world's fastest bike, Eta. COURTESY AEROVELO



WHAT I'M WATCHING VEEP: SEASON THREE, EPISODE NINE (HBO CANADA)

An instant comedy classic that should be taught in acting and writing classes



Veep succeeds where House of Cards has begun to falter by keeping the stakes low — even a bad haircut is a crisis. HANDOUT

Johanna Schneller
For Metro Canada



The Washroom

U.S. Vice-President Selina Meyer (Julia Louis-Dreyfus) has just found out that all her manic, petty machinations have worked: The president is resigning and she's stepping into his job. She and her faithful aide Gary (Tony Hale) duck into a women's washroom. Gary is so overcome that he gets a nosebleed. Her attempts to help him are typically inept, and the two wind up slumped against a wall, weeping with laughter.

Not only is this scene an instant comedy classic that should be taught in acting and writing classes until the end of time, it also made me realize why seasons two and three of Veep worked brilliantly, while season two of the Netflix series House of Cards did not, though it told a similar story (a U.S. congressman played by Kevin

Spacey schemes to become president).

It's because Veep always keeps the stakes small.

Even after Selina takes over the Oval Office, her crises remain absurd. She gets a terrible haircut. She frets when Air Force One doesn't take off on time, or her running mate upstages her.

Veep keeps sharpening its sword, showing us how pathetic ambition looks, especially when no manipulation or slight is too small to be used or avenged later.

The ridiculousness of high-level double-dealing applied to things that don't matter made both series addictive at first.

But in House of Cards, the stakes got too high too fast. When the future of the free world hangs in the balance, all fun is leeched away.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday

GOSSIP FASSBENDER'S ANIMAL MAGNETISM, REYNOLD'S OLD FLAME

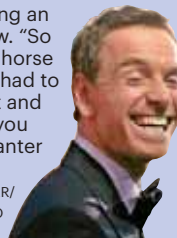
Fassbender's arousing tale

No one is immune to the charms of rakish, Irish actor Michael Fassbender, apparently, and that includes members of the animal kingdom.

While making his 2011 film Jane Eyre, Fassbender got pretty friendly with a horse name Prince — but apparently not as friendly as Prince would've liked.

"He used to get quite aroused whenever I got on his back," Fassbender tells Graham Norton during an interview. "So Dan the horse handler had to get on it and sort of, you know, canter him."

NED EHRBAR/
FOR METRO



Reynolds still pines for Field

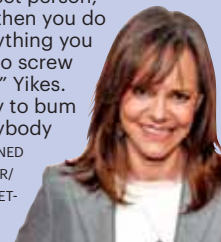
Burt Reynolds is apparently still hung up on ex Sally Field, even after all these years.

The pair dated on and off for five years three decades ago, and it apparently left quite an impression.

"I miss her terribly," Reynolds tells Vanity Fair.

"Even now, it's hard on

me. I don't know why I was so stupid. Men are like that, you know? You find the perfect person, and then you do everything you can to screw it up." Yikes. Sorry to bum everybody out. NED EHRBAR/
FOR METRO



Taboo...

sex
the naughty but nice show

ADULT FILM STAR
Nikki Benz

BODY HEAT

CANADA'S #1 MALE REVUE

NOVEMBER 12-15

BIG FOUR, STAMPEDE PARK
Thursday: 5pm-11pm | Friday: 5pm-12am
Saturday: 12pm-12am | Sunday: 12pm-6pm

Tickets valid all weekend long. This is a licensed publicized event. No one under the age of 18 will be permitted.

Save \$5.00 book online in advance!

Halle & Michael
Stars of Playboy TV's hit series "SWING"
Brought to you by Desire

THE Taboo DUNGEON

SEX WITH DR. JESS

TabooSexShow.com

TabooShow TheTabooShows

We want YOUR opinion!

Join our Online Reader Panel and help make your Metro News even better. Join for a chance to win a \$25 gift card.

metronews.ca/panel

metr

STAPHA AFRICAN PSYCHIC

Reuniting Loved Ones ·
Stopping Divorce
Removing Bad Spirits ·
Success in Business
Healing Protection

Results Guaranteed
403.802.0367



Anya Dai and Kassey Dimaculangan on the day they got engaged. Dai proposed on the hill on Valentine's Day 2015. TORSTAR ARCHIVES

She asked him to marry her

TREND

Women are no longer waiting for a man to pop the question

It's Valentine's Day 2015 and two bundled-up snowboarders are about to get engaged.

But the scene that unfolds isn't the typical guy-sweeps-girl-off-her-feet scenario. In fact, it's the opposite.

"What are you doing?!" asks a confused Kassey Dimaculangan as his girlfriend of one year stops him mid-run and gets down on both knees.

"I have to ask you an important question," says Anya Dai, giggling as snow flies in her face and she pulls a small box out of her snowsuit. "Will you marry me?"

While the "proposer" in heterosexual relationships is typically a role filled by men, it's increasingly women who are stepping up by getting down on one knee, say wedding industry pros. These women may have boldness in their blood, but some are also romantics who've grown up dreaming of elaborate male-initiated proposals or religious traditionalists who can't wait to marry in a church. They're the taboo breakers who ask their future in-laws for their partner's hand in marriage.

"I think women are just kind of like, 'Well, if I have equal rights in every other way, why do you get to decide when we get married?'" said Crystal Adair-Benning, owner of Distinct Occasions wedding planning in Toronto. "Women are getting ballsy and getting empowered and they want to propose."

Adair-Benning said she's seen a subtle increase in women proposing to men over her four years of engagement planning. Nearly 10 per cent of her engagement clients are women, but she suspects numbers are likely higher in real life.

"Women, when they do it, it can either be more spontaneous — it just kind of comes out — or they put some thought into it and already know how they want to propose," she said, adding that men typically think women want romantic, grand proposals and women think men want low-key ones.

For Montrealer Natalia Kaplan, the idea to propose came suddenly. "I was just sitting in class and it just kind of hit me — I didn't want to wait for him to ask," she said.

Unfortunately for her, an ex-

+ DO'S AND DON'TS FOR PROPOSING

DO

• **Manage your expectations:** While women are often surprised by proposals, a guy might be even more so. Give him a chance to absorb it, acknowledging that he might be knocked off his feet — hopefully in a good way.

• **Hint at it:** Try to sense how your boyfriend might respond. An easy way to gauge his reaction? Toss out this line: "I read this article about women proposing to men!" If he's not into it, that's his prerogative, but it might give you a sense of the kind of man he is.

DON'T

• **Do it for the wrong reasons:** Don't propose as an ultimatum. If you know he's not ready to get married, springing a proposal on him is likely a bad move. Coercion is not romantic.

• **Regret it:** Make sure you're confident in your decision to propose. If you've always fantasized about a man professing his undying love and asking for your hand in marriage, be prepared to forgo that dream.

cited email she sent to her friend revealing her plan a week later forced her into do or die mode — she'd accidentally cc'd her boyfriend. "I think I'm going to propose to Lex this summer. Oh man it makes me feel giddy and dizzy just writing it out," she wrote. "I mean I've always felt like we will get married at some point but it just kind of hit me the other day why not now, and why can't I ask?"

When he confronted her about it, she freaked out.

"After I calmed down, we sat on the couch ... and I'm like, 'Yes, I want to marry you,'" the 25-year-old recalls. The two were married in June 2014.

Risk and reward

Proposals don't always elicit happy tears, warns Toronto psychologist and relationship expert Nicole McCance.

Possible female proposal-related risks include blindsiding a man who doesn't want to get married or sparking a certain "failure to launch" feeling in him for having de facto lost his chance to propose.

Women, too, have to be ready to forever give up the experience of being proposed to, brace for family and friends voicing antiquated viewpoints and prepare for the inevitable question: "Show me your ring!"

For Dai, the 23-year-old snowboarder who proposed on Valentine's Day, she was hit with some unexpected backlash. "(My boyfriend's parents) were like, 'No. That's not OK. Why would you do that?'" she recalls. "I was like, 'Uh, I don't know, I love him?'"

Dai also had to give up a lifelong dream — she was obsessed with tales of romantic engagements growing up — but she wanted to show her future hus-

band just how serious she was by sacrificing that. "I wasn't just saying yes to him," said Dai, who first bonded with Dimaculangan over their shared Christian faith. "I (was giving) up what I've always dreamed of ... I wouldn't do that for anyone else."

Dimaculangan's parents eventually came around when he proposed to her a few weeks later, giving her the custom ring he'd had in the making for months — but it didn't diminish his pride in his now-wife's boldness.

"One person asked me if I felt like less of a man in the relationship," he said. "I feel actually more special and if anything more of a man — that a woman loves me so much that she would go against the grain."

Same-sex proposal

For lesbian couples, a woman proposing isn't revolutionary but it's still a chance to buck tradition.

"One of the things that's great about a same-sex relationship is that the gender roles are not there and you can make up what you want," said Victoria Schwarzl, communications manager of Pride Toronto.

Schwarzl and her now-wife, Emily Herczeg, proposed to one another in a preplanned event back in December 2013. It was a surprise-free decision that gave them the chance to pick out rings together, get their future in-laws blessings and each pop the question. "The proposing is when the magic really happens and it's that moment where your life changes forever," said Schwarzl, 28. "I think it was really important that we both had that opportunity to tell the other person ... these are the reasons why I love you."

TORSTAR NEWS SERVICE

GOT CRAYONS CALGARY?

WEEK 4
contest closes
**Monday
Nov 16th!**

Here's your chance to have fun, relax and WIN exciting prizes!

METRO is running a weekly Adult Colouring Contest **every Tuesday!** Weekly prizes to be won, with a final grand prize consisting of two lower bowl tickets to the New Years Eve Calgary Flames game vs the Los Angeles Kings.

Don't forget to pick up METRO **tomorrow**, then reach for your choice of coloured pencils, markers, or pastels and

get creative!

Brought to
you by

The Camera Store
Get the picture

Nikon

metro

CFL

Brett Smith came off the bench in the fourth quarter to lead the Saskatchewan Roughriders to a 30-24 overtime victory over the Montreal Alouettes in the CFL regular season finale on Sunday afternoon. The Roughriders trailed 24-6 early in the fourth quarter when Smith came in and threw touchdown strikes to Ryan Smith and Weston Dressler, as well as a two-point convert.

A botched Montreal play saw John Chick recover a fumble and Smith led a drive that ended with Tyler Crapigna tying the game 24-24 with a 39-yard field goal with eight seconds left on the clock. Smith hit Dressler with a TD pass in overtime, while Montreal failed to score.

The result spoiled an impressive day for Montreal's Canadian quarterback Brandon Bridge, who threw TD passes to Tyrell Sutton and B.J. Cunningham. Anthony Boone also ran in a score while Boris Bede had a field goal.

Bridge was the first Canadian to start a CFL game since Giulio Caravatta for British Columbia in 1996. The Mis-



Alouettes' Billy Parker, bottom, up-ends Roughriders' Seydou Junior Haidara during first half on Sunday. GRAHAM HUGHES/THE CANADIAN PRESS

sissauga, Ont., product fell short of becoming the first Canadian to start and win a game since Calgary's Greg Vavra in 1985.

The Alouettes (6-12) and the Roughriders (3-15) did not make the playoffs and used

many backups and young players. Both team's had quarterbacks making a first CFL start, and each had a drive into scoring position nullified by a fumble.

Bridge took Montreal to the Saskatchewan one-yard

line on the first possession of the game. Backup Anthony Boone ran in the TD. Riders starter Keith Price answered with a 32-yard strike to Ryan Smith on the final play of the first quarter. Both QBs struggled in the second

Calgary tames Lions in preview of West semifinal

The game didn't mean anything in the standings, but plenty of personal achievements were on line in the regular-season finale between Calgary and B.C.

Running backs Andrew Harris and Jerome Messam both surpassed a 1,000 rushing yards while Lions quarterback Travis Lulay made his return from injury in a 28-7Stampeders victory Saturday in Vancouver.

The game amounted to a dress rehearsal between the two teams, who square off on Sunday Nov. 15 in Calgary.

for the CFI West semifinal.

Harris, who needed only three yards to reach the milestone, accomplished the goal on the Lions' first snap of the game. He finished the game with 42 yards and 1,039 on the season.

"It's a big deal," he said. "For any running back that's a milestone you want to hit."

Stamps back Messam clearly didn't want to be outdone. He needed 53 yards and it was clear late in the game that his team was determined to get him there. He eventually rushed for 59 yards before exiting the game. THE CANADIAN PRESS

30 RIDERS
24 ALOUETTES

seconds into the fourth quarter, when he scrambled away from the rush and hit Cunningham in the end zone with a 48-yard pass.

Brett Smith came on and shredded the Montreal defence on consecutive drives, firing a 40-yard score to Ryan Smith, picking up the two-point convert, and finding Dressler with a nine-yard scoring toss. Montreal rush end John Bowman had two sacks, including his team record 100th in his career, and a league-leading 18 in 16 games this season.

THE CANADIAN PRESS

Columbus's Kamara ends Montreal's MLS season

Columbus Crew's star striker Kei Kamara scored in extra time Sunday in Ohio to end the Montreal Impact's remarkable MLS season.

Ethan Finlay fed substitute Cedrick Mabwati, whose exquisite cross found the head of Kamara for his second goal of the night. The 11th-minute goal broke Montreal hearts, giving Columbus a 3-1 win on the night and 4-3 victory on aggregate in the Eastern Conference semifinal. Ignacio Patti had a chance to score for Montreal late in extra time but was off the mark. Montreal had won the first leg of the series 2-1.

THE CANADIAN PRESS

Raptors unable to take Heat as Miami runs riot

Chris Bosh scored 23 points, Hassan Whiteside added 20 points and 11 rebounds, and the Miami Heat rolled in the second half to beat the Toronto Raptors 96-76 on Sunday.

Dwyane Wade scored 1 and Tyler Johnson added 10 for Miami, which outscored the Raptors 30-16 the third and then put the game away with an 18-3 run in the fourth.

Jonas Valanciunas scored 17 for Toronto, which got 16 from DeMar DeRozan and 15 from Kyle Lowry. The Raptors lost for the 11th time in their last 12 trips to Miami. THE ASSOCIATED PRESS

NFL

Watkins shines as Bills ease past Dolphins

33
BILLS

17
DOLPHINS

winning its first two games when interim coach Dan Campbell took over after Joe Philbin was fired.

The Dolphins also are 0-4 against AFC East rivals. Lamar Miller scored twice on 1-yard runs and finished with 44 yards.

The Ryan Tannehill-led passing attack was sloppy. The troubles began on

Miami's first play from scrimmage when Tannehill — lined up in the shotgun at his goal line — had Mike Pouncey's snap go through his hands and through the end zone for a safety. Tannehill finished 27 of 36 for 309 yards with two lost fumbles. For Buffalo, Tyrod

'LaSean McCoy celebrates a TD

celebrates a TD
GETTY IMAGES

Titans 34, Saints 28
Vikings 21, Rams 18
Panthers 37, Packers 29
Patriots 27, Redskins 10
Bills 33, Dolphins 17
Jets 28, Jaguars 23
Steelers 38, Raiders 35

quarter with an injury to his right shoulder.

Williams, who had 110 yards rushing, returned after missing three games with a concussion. He became just the NFL's fifth player to score a touchdown in each of his first five games.

THE ASSOCIATED PRESS.



HOCKEY IN BRIEF

U.S. defeats Canada 3-2 in 4 Nations Cup final

Hilary Knight scored in overtime as the United States beat Canada 3-2 in the final of the 4 Nations Cup women's hockey tournament in Sundsvall, Sweden. Canada led 2-1 after two periods, but American forward Brianna Decker tied it in the third with her second of the game. Natalie Spooner and Meghan Agosta had Canada's goals. THE CANADIAN PRESS

Devils nip Canucks in OT

Kyle Palmieri scored on the power play with 1:27 left in overtime as the New Jersey Devils endured a rally by the Vancouver Canucks in Newark, N.J., Sunday.

The Canucks made it 3-3 with consecutive goals by Alexander Edler and Sven Baertschi in the second period. Baertschi tied it with 5:54 left.

Keith Kinkaid made 28 saves, and Adam Henrique,

Mike Cammalleri and Sergey Kalinin also scored for New Jersey.

The Devils have won four of their past five games and eight of 10 since a 0-3-1 start. THE ASSOCIATED PRESS

Kane, Hawks top Oilers

Patrick Kane had a goal and three assists, rookie Artemi Panarin scored twice in the first period and Corey Crawford made 34 saves to lead the Blackhawks past

the Edmonton Oilers 4-2 on Sunday night in Chicago.

Artem Anisimov added a power-play goal with 5:1 seconds left. Kane extended his point streak to 10 games.

Crawford wasn't beaten until Edmonton's Jordan Eberle scored a power-play goal at 2:56 of the third on the Oilers' 29th shot. Andrej Sekera cut it to 3-2 with 1:51 left and Edmonton goalie Cam Talbot on the bench. THE ASSOCIATED PRESS



Charles Hamelin of Canada celebrates gold in men's relay in front of Tianyu Han of China. DARREN CALABRESE/THE CANADIAN PRESS

Short track to success

SPEEDSKATING WORLD CUP

Canada wins three gold, five medals overall in Toronto

As Charles Hamelin skated to the start line Sunday, the announcer introduced him — in a booming, drawn-out voice — as “The Canadian Stallion.”

The three-time Olympic champion quickly showed why. Hamelin led wire-to-wire to win gold in the men's 500 metres at the ISU short-track speedskating World Cup in Toronto. He added a second victory as part of the men's 5,000-metre relay.

“That (nickname) started last week in Montreal,” a grinning Hamelin said. “I like it and I think it's a good description of me.”

His victories highlighted a five-medal performance by Canada on the event's final day.

Charles Cournoyer of Boucherville, Que., also won two gold, winning the men's

1,000 then teaming up with Hamelin, Patrick Duffy of Oakville, Ont., Samuel Girard of Ferland-et-Boilleau, Que., and Sasha Fathoullin to win the relay.

Marianne St-Gelais of Saint-Felicien, Que., was second in the women's 500, while Valérie Maltais was third in the women's 1,000.

Hamelin's victory in the 500 came a day after he was disqualified in another 500. And while, with 14 years experience on the World Cup circuit, it wasn't his first time being DQ'd, the Sainte-Julie, Que., native said it was an added bit of motivation Sunday.

“When I have a bad result or mistakes or DQ, I always get up the day after with a little bit more focus and more anger to win,” Hamelin said.

In the relay, Hamelin took a final push from Cournoyer to skate the race's last two laps and edged the second-placed South Korean skater at the finish line by the thrust of his skate blade. The margin of victory was two-hundredths of a second. THE CANADIAN PRESS

HOUSE OF CARS
SALES / SERVICE / FINANCE

ENJOY **NO PAYMENTS** FOR
6 MONTHS
ON ALL PRE-OWNED VEHICLES!
WWW.HOUSEOFCARSCALGARY.COM



ALL CREDIT ACCEPTED!

Prices are based on vehicle only. Warranty, finance fees, and GST extra O.A.C. All bi-weekly payments are calculated at 4.99% interest over 60/72/84 months depending on year of vehicle. Total cost of credit based on an interest rate of 4.99% over 84 months will be approximately \$3,353.16 if customer pays the minimum payment for the full term. Each individual's credit will result in different cost of credit amounts.

Easy 30 Second Online Application
WWW.HOUSEOFCARSCALGARY.COM

House of Cars (Chinook)
1135, 91 Avenue S.W.
Calgary AB T2H 0B3
P: 403-454-5794

House of Cars (Bridlewood)
2610 - 24 Street N.E.
Calgary AB T1Y 3K7
P: 587-252-7297

House of Cars (Hazelton)
3909 Macleod Trail S.
Calgary AB T2G 3K4
P: 403-457-2244

House of Cars (Midland)
621, 12 Street S.W.
Medicine Hat, AB T1A 6M6
P: 543-289-0981



HOUSE OF CARS
SALES / SERVICE / FINANCE

House of Cars Inc. is a Licensed AFVIC automotive retail dealer

PLAY Friday's Answers

from your daily crossword and Sudoku



3	8	5	9	2	4	1	6	7
7	4	1	8	5	6	9	3	2
6	2	9	7	1	3	8	4	5
5	1	4	6	3	7	2	9	8
8	7	3	2	9	5	4	1	6
9	6	2	1	4	8	5	7	3
4	5	8	3	7	9	6	2	1
2	3	6	4	8	1	7	5	9
1	9	7	5	6	2	3	8	4

for more fun and games go to
metronews.ca/games

RECIPE Broccoli and Cheese Soup



PHOTO: MAMA VISNTEI

Ceri Marsh & Laura Keogh
For Metro Canada



- 1 cup grated cheddar
- 1/4 cup grated Parmesan
- Salt and pepper to taste

Directions

1. Sauté onion and garlic in a dutch oven or other large, heavy-bottomed pot for about 5 minutes until soft.
2. Add vegetables and stock and allow to simmer for about 20 minutes until the vegetables are tender.
3. In small batches, ladle the broth and vegetables into your blender and puree. Pour each batch into a bowl as you go. Pour the puree back into your pot.
4. Over medium heat add milk and cheese and stir until the cheese melts. Add salt and pepper to taste. Serve with crusty bread.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

With its immunity boosting garlic and antioxidant-rich broccoli, please meet your family's anti-cold and flu season soup.

Ready in

Prep time: 10 minutes

Cook time: 35 minutes

Serves 4

Ingredients

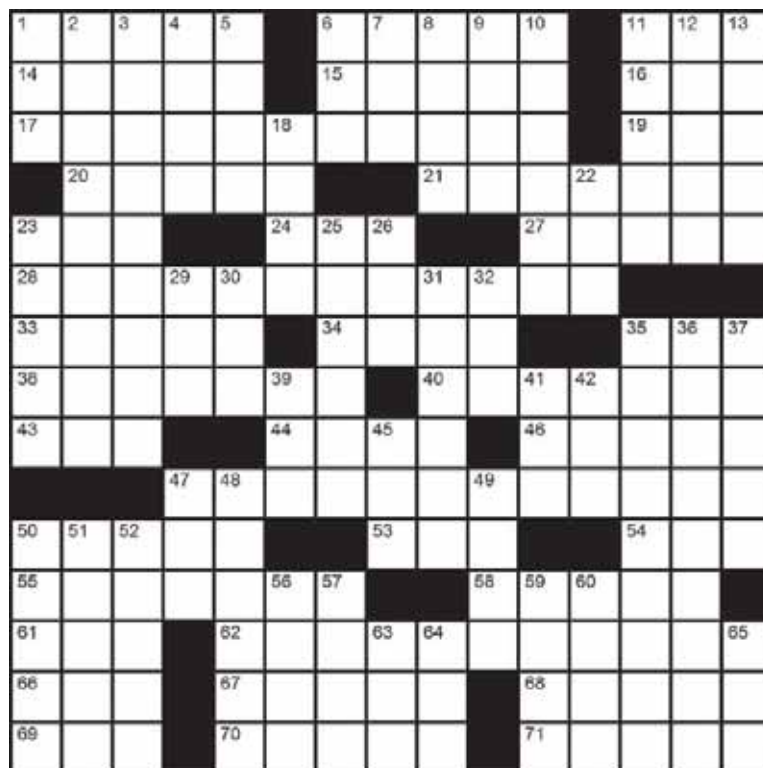
- 4 cups broccoli florets and stem (just cut off the toughest bit at the end) chopped fairly
- 1 small onion, chopped
- 2 cups chopped, peeled potato
- 2 cloves garlic minced
- 1 plug olive oil
- 4 cups low sodium vegetable or chicken stock
- 1 1/2 cups milk

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Lyricist, __ Hammerstein II
6. Roman hearth goddess
11. Neutral tone
14. Donald Trump's second wife Ms. Maples
15. Canadian retail family
16. Gingery quip
17. Restaurant buffet covering
19. Hawaiian dish
20. "How I Met Your Mother" narrator Bob
21. Honking
23. Approx.
24. Grand __ (Wine classification)
27. Bellow from a fellow on the seas!
28. Andrew __ (Host of #62-Across who is from St. John's, Newfoundland)
33. Filles __ (French for 'King's Daughters' as per the young women King Louis XIV sponsored to settle in New France)
34. __ a soul
35. __ culpa!
38. History Channel's " __ Truckers"
40. Winning: 3 wds.
43. ' __ for Excellence
44. Duck variety
46. Grease again
47. Igloo construction materials: 3 wds.
50. Plentiful purchasing period
53. Cartoon-style shriek!
54. Shortened path



55. "Love in the Time of __" (2007) starring Javier Bardem
58. "Murphy Brown" house painter
61. Mr. Orbison
62. Discovery Channel series, "Canada's __"
66. Time-saver's abbr.

67. Flying-over-Quebec plane
68. "Look at all the __ picked!" (Exclamation heard in an orchard)
69. Heartache
70. Bread ingredient
71. Norwegian ...in Norwegian

DOWN

1. Meditation syllables
2. French for 'without worry': 2 wds.
3. Planet inhabitants
4. Shake __ (Hurry)
5. Bulldoze
6. Eggplant, e.g.
7. H2O: French

8. Pierce
9. Split
10. Of a South American mountain chain
11. Fleishy-snouted animal
12. Beside
13. Barnyard noise
18. Engrave
22. Phone's 'pen' pal
23. Singer Ms. Gorme
25. "It's Like That" rappers
26. Can. neighbour
29. And not
30. Acqua Di __ (Armani fragrance)
31. Check out the merchandise
32. Ms. Rand
35. "Breakfast at Tiffany's" (1961) song: 2 wds.
36. Robert Stack's character on 1959 to 1963 crime series "The Untouchables": 2 wds.
37. " __ are saying is give peace a chance." - John Lennon
39. Volcano in Japan, Mount __
41. Hound's howdy!
42. Home [abbr.]
45. __ Crater, in Maui in Hawaii
47. "The Fresh Prince of __ Air"
48. Allowance
49. Sanctioned, cute-style
50. Twisted-in fastener
51. Camera's creation
52. Rolls-__ Motor Cars
56. Drift
57. Soprano's time to shine
59. Scientology founder, __ Hubbard
60. "The Flintstones" pet
63. HELP!
64. Tunnel creation need
65. Canadian rocker Mr. Emmett

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't get uptight if someone you deal with refuses to see sense today. You may have more than enough evidence to convince them that they are wrong but some people can be ridiculously stubborn. Let it go.

Taurus April 21 - May 21
If someone offers to help you out, think carefully before taking them up on the offer. There will be strings attached and you could end up paying more than expected.

Gemini May 22 - June 21
Limit the number of things you work on as the new week begins. You may be eager to make an impression but don't let your enthusiasm get the better of you. There's no rush.

Cancer June 22 - July 23
Try not to dwell on your mistakes. What happens over the next few days, especially when the moon is new on Wednesday, will help you make a success of your endeavors.

Leo July 24 - Aug. 23
Chances are you will refuse to see any point of view but your own today and that could put a friendship at risk. Try to understand that what is right for you may not be right for someone else.

Virgo Aug. 24 - Sept. 23
Adjust your aims and ambitions as events over which you have no control throw you off course. It might be annoying in the short-term but in the long-term it will be good for you.

Libra Sept. 24 - Oct. 23
You seem to be finding it harder than usual to believe in yourself. Reconsider plans that you made to travel or socialize because you really need to spend some time by yourself now.

Scorpio Oct. 24 - Nov. 22
Something you thought you could cope with will get completely out of control. Get help from people who know what they are doing. Clearly, you do not!

Sagittarius Nov. 23 - Dec. 21
One-to-one relationships are about to go through a rather delicate phase but the good news is it won't last for long and nothing bad will come of it. The approaching new moon means you need to feel more and think less.

Capricorn Dec. 22 - Jan. 20
You will find yourself under a lot of pressure as the new week begins. You are going to have to stand up for yourself and let people know that you will not be taken advantage of.

Aquarius Jan. 21 - Feb. 19
Something of a creative nature that you have been working on will hit a wall today or tomorrow and you may be tempted to give up on it. That would be a big mistake.

Pisces Feb. 20 - March 20
You may not be the life and soul of the party at the moment but give it time. The approaching new moon is already making you feel more adventurous and come Wednesday you will be your happy, upbeat self again.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

GET AHEAD OF THE CROWD
YOUR CAREER TRAINING
STARTS NOW!

BUSINESS, HEALTHCARE, IT,
LEGAL, HOSPITALITY AND MORE!

CALGARY NORTHEAST (403) 569-8973
CALGARY SOUTH (403) 252-8973



Academy
OF LEARNING
CAREER COLLEGE

www.academyoflearning.ab.ca



\$1,000 + 1% RATE REDUCTION
ON SELECT MODELS
EXCLUSIONS TO OUR EXISTING FINANCE AND LEASE CUSTOMERS

SAVE UP TO \$12,000 ON 2015 MODELS!



FINAL 2015 CLEARANCE!

CALGARY'S #1 MIDSIZE DEAL!

2015 CHRYSLER 200 LX

DEMO UNDER 1,000 KM! • 9-SP. AUTOMATIC • BLUETOOTH • SAT. RADIO



L062

REG. \$25,435

\$18,990

OR PAY \$115 BIWEEKLY

THE ALL-WHEEL DRIVE DEAL YOU'VE BEEN WAITING FOR!

2015 DODGE JOURNEY SXT

DEMO UNDER 1,000 KM • V6 • REMOTE START • BLUETOOTH • ALLOYS AND MORE!



L065

REG. \$31,890

\$23,990

OR PAY \$144 BIWEEKLY

BIG 4

0% FINANCING* ON JOURNEY!

FOR UP TO 72 MONTHS

7 PASSENGER CROSSOVER CONVENIENCE FOR LESS!

2015 DODGE JOURNEY SXT

V6 • REMOTE START • DVD • NAV • SUNROOF AND MORE!



15TS45

REG. \$35,060

\$27,990

OR PAY \$158 BIWEEKLY

0% FINANCING* ON COMPASS!

CALGARY'S BEST 4X4 DEAL IS HERE!

2015 JEEP COMPASS SPORT 4x4

AUTO • AIR CONDITIONING • AND MUCH MORE!



15J142



REG. \$26,785

\$20,890

OR PAY \$119 BIWEEKLY



CALGARY'S MOST-EXPERIENCED TEAM HAS THE ANSWERS!

7330 MACLEOD TRAIL S. NORTH OF HERITAGE DR.

(403) 451-6193 www.BIG4MOTORS.com



AMVIC LICENSED. ALL OFFERS OAC. ALL OFFERS INCLUDE FEES AND TAXES BUT EXCLUDE GST. 2015 DEMO BIWEEKLY PAYMENTS BASED ON 96 MONTH TERM @ 4.99% (3.49% FOR JOURNEY) WITH \$0 DOWN-PAYMENT. COB=\$3,163.97 (L036). ALL REBATES TO DEALER. VEHICLES MAY NOT BE EXACTLY AS SHOWN. INVENTORY ACCURATE AT TIME OF PUBLICATION. LIMITED TIME OFFERS. SEE DEALER FOR DETAILS.

